Present

Stress in the American Workplace & Its Impact on Health

This discussion will address the ever-changing nature of work and the implications of these changes for the health, safety and wellbeing of our communities. This panel will cover a number of topics of interest to consumers, providers, community organizations and researchers including latest developments in workplace wellbeing, stress research and health psychology.

Tuesday May 23rd
4:30 - Light Refreshments
5:00-6:30 p.m. - Panel Discussion

STAR Campus Health Sciences Complex Atrium
540 South College Ave., Newark, DE 19713

Questions? Email: healthcareworkforce@udel.edu or call: 302-831-8375

Please RSVP by May 21st: chs.udel.edu/workforce-registration

Featuring:
• Kathy Matt, PhD - Dean, UD College of Health Sciences
• Traci Bolander, PsyD - Licensed Psychologist & CEO, MidAtlantic Behavioral Health
• Michael Mackenzie, PhD - Assistant Professor, UD Department of Behavioral Health & Nutrition
• Ryan Shuler, MS - Manager, UD Employee Health & Wellbeing

Moderator:

Rita Landgraf
Professor of Practice and Distinguished Health & Social Services Administrator in Residence and Director,
UD Partnership for Healthy Communities

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Learn more about UD Employee Health & Wellbeing: http://sites.udel.edu/wellbeing/

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