



From the **File menu** choose one of the following options:

- **Make a Copy** to save the entry form to your own Google account, or
- **Download** the document and complete with MS Word, or
- **Print** the document and complete it with an ink pen.



DELAWARE 4-H

Ready to Wear Portfolio Template

Name:

Phone:

Address:

Email:

Club:

Age as of 01/01/this year:

County:

Years in 4-H:

CHOOSE CONTEST(S):

CLOTHING CONSTRUCTION:

READY TO WEAR:

If **Clothing Construction**, choose your Category/Years in Project

Years in Clothing Project:

BEGINNER:
1-3 Yrs

INTERMEDIATE:
2-6 Yrs

ADVANCED INTERMEDIATE:
3-8 Yrs

ADVANCED:
5+ Yrs

Ready to Wear Checklist

Part 1. Complete [Intent to Participate](#) Form

Part 2. Portfolio Completion

Activity 1 - Wardrobe Roll Call Activity

Activity 2 - Fashion Fits Activity

Activity 3 - Ready, Set, Shop

Activity 4 - TLC For Your Clothes

Activity 5 - Assemble Your Outfit

Activity 6 - Write Your Narrative

Part 3: Submit Portfolio

Part 4: Attend Showcase



Part 2

Activity 1 - Wardrobe Roll Call Activity

Use the Wardrobe Inventory chart to keep track of your clothes. First, enter the article of clothing. Use the second column to keep track of how many of each item you own, then make any comments you have.

Wardrobe Inventory

| Article of Clothing | Amount | Comments |
|-----------------------|----------------|-----------------------------|
| <i>Example: Jeans</i> | <i>2 pairs</i> | <i>I need 2 more pairs.</i> |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |





Activity 1 - Wardrobe Roll Call Activity (con.)



Talking it Over

Write responses to each question in the space below. If completing in ink, use the back of the page if additional space is needed.

Share

What did you do with the clothing items you did not keep?

Reflect

Why is it important to organize your wardrobe and remove unwanted items?

Generalize

How will sorting your clothes make you a better decision maker?

Apply

What are other things you may need to organize and sort?





Activity 2 - Fashion Fits Activity

Use the chart below to record your findings about each item.

Clothing Audit



| Item | Brand | Size and Style | Fit | Comments |
|-----------------------|-------------|---------------------|--------------|-------------------------------|
| <i>Example: Jeans</i> | <i>Mudd</i> | <i>11, boot cut</i> | <i>Loose</i> | <i>Great fit, comfortable</i> |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |





Activity 2 - Fashion Fits Activity (con.)



Talking it Over

Write responses to each question in the space below. If completing in ink, use the back of the page if additional space is needed.

Share

Were you surprised by the fit of the different brands? Why or why not?

Reflect

Why is it important to take care of your clothing?

Generalize

How does shopping for clothes compare with other experiences you have had at other types of stores?

Apply

What are other items you should try before deciding whether purchase a new item for your wardrobe.?





Activity 3 - Ready, Set, Shop

Shopping Comparison Chart

| Retail Environment | Item | Description | Original Cost | Shipping Cost | Sale Cost | Type of Sale | Total Cost with Tax |
|--|---------------|---------------------------------|----------------|---------------|---------------|----------------|---------------------|
| <i>Example: Kohls Department Store</i> | <i>Shorts</i> | <i>Zip front with cuffs</i> | <i>\$15.99</i> | <i>None</i> | <i>\$7.99</i> | <i>50% off</i> | <i>\$8.49</i> |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |





Activity 3 - Ready, Set, Shop (con.)



Talking it Over

Write responses to each question in the space below. If completing in ink, use the back of the page if additional space is needed.

Share

What was your favorite way to shop (going to a store, using a catalog, or going online)? Why?

Reflect

What are the advantages of catalog or online shopping? What are the disadvantages?

Generalize

How does being able to calculate the total cost of an item help you be a better consumer?

Apply

What are some other items you can consider buying to enhance your wardrobe in a store, in a catalog, and online?





Activity 4 - TLC For Your Clothes

Use the Washing and Drying Record to keep track of your loads of laundry.

WASHING AND DRYING RECORD

| Type of Load | Water Temperature | Stain Treatment? (If so, what type?) | Drying Method |
|------------------------|-------------------|---|---------------------------|
| <i>Example: Whites</i> | <i>Hot</i> | <i>Pre-wash spray*</i> | <i>Tumble dry on warm</i> |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

*Note: Make your own pre-wash spray with ingredients you may have already. Do a search online for the recipe.

- Look at how you store off-season items. Determine if you can improve it. Many products are available to help you store them properly. Share your storage ideas with a parent.
- Practice treating different types of stains.
- Using swatches of material, create the same stain on each one. Then try to clean them with products available or homemade cleaners. Explain your experiment and show the results at your next club meeting.





Activity 4 - TLC For Your Clothes (con.)



Talking it Over

Write responses to each question in the space below. If completing in ink, use the back of the page if additional space is needed.

Share

Different clothes need different care. Explain the difference between two kinds of loads.

Reflect

Why is it important to take care of your clothing?

Generalize

How can taking good care of your clothing save you money?

Apply

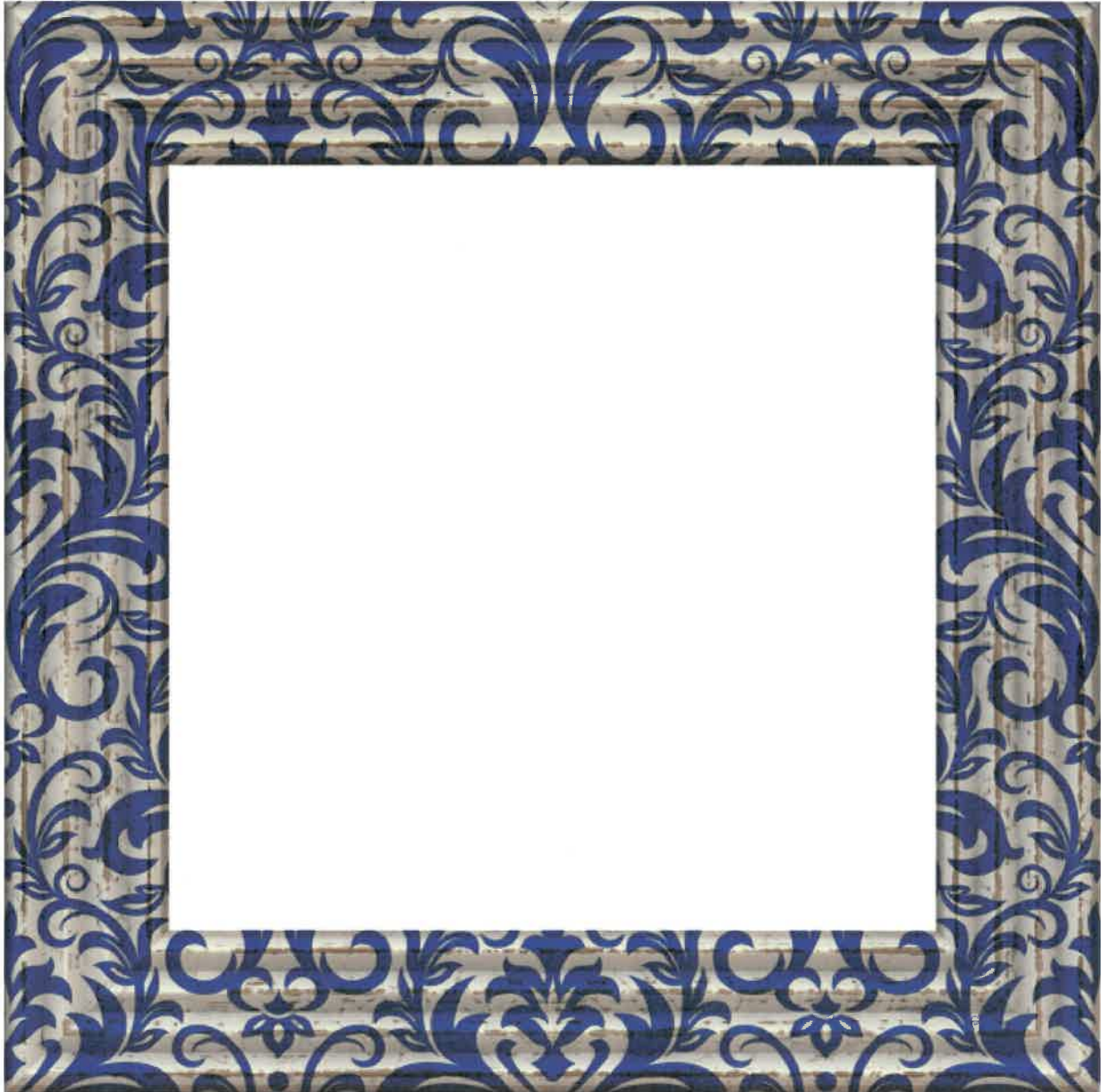
What are other items you own that you should clean and put away regularly?





Activity 5 - Assemble Your Outfit

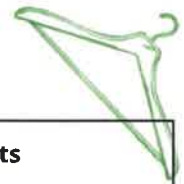
Attach a photo of you in your project outfit here.





Activity 5 - Assemble Your Outfit (con.)

SEVEN CLUES REVIEW



| Item | Excellent | Good | Need Improvement | Comments |
|--|-----------|------|------------------|----------|
| Fashion -Is your outfit in style? Is fashion represented through the color, fabric, or design style? | | | | |
| Design -Is the total outfit coordinated and well suited for your body? Are color, texture, line, and proportion used effectively in the design? | | | | |
| Fit -Does this outfit fit you properly? Not too tight or too baggy? | | | | |
| Good Construction -Is your outfit made well? Any loose stitching or hanging threads? Are closures and trims securely attached? | | | | |
| Grooming -Are your body and clothing clean? Are your nails suitably manicured? Is your hair clean and styled? | | | | |
| Posture and Poise -Do you sit and stand straight, and move smoothly and gracefully? | | | | |
| Personable Qualities -Do you present a friendly and confident look to others? Are you smiling or have a pleasant expression? | | | | |





Activity 5 - Assemble Your Outfit (con.)

Now that you've evaluated your outfit, it's time to reflect on your project experience. Completing this summary will prepare you for the project review.



Write responses to each question in the space below. If completing in ink, use the back of the page if additional space is needed.

Describe how you achieved your Total Look with your clothes and accessories.

Did everything work out as you had planned? Give an example of how you had to change your plans. Were you happy with the results?

How will completing this project affect how you shop for clothing in the future?

What are some things you learned that will help you in other areas of your life? How could the skills you learned with this project help you in the future?





Activity 6 - Write Your Narrative

Activity 6 - Write Your Narrative (con.)

Write a paragraph providing information about you and your outfit. Use the “writing your narrative” guide to help you create your narrative.

