

ONLINE SUPPORT OPTIONS FOR INDIVIDUALS WITH APHASIA AND THEIR FAMILIES

Online Support Groups:

Tuesday Brew Crew - UD's Aphasia Support Group

- Tuesday, March 24th at 10:30am via Zoom
- Click here: <https://udel.zoom.us/j/4929983638>
- Questions? Visit the Facebook Page:
<https://www.facebook.com/BlueHenBrewCrew/>
- Stay tuned for more info about future meetings via Zoom

Friday Movie Club - UD's Aphasia Support Group

- Friday, March 27th at 11:30am via Zoom
- Click here: <https://udel.zoom.us/j/4929983638>
- This month's movie discussion will be about *Ferris Bueller's Day Off*
- Stay tuned for more info about future meetings via Zoom

Adler Aphasia Center Virtual Aphasia Group

- Weekly Sessions on Mondays or Thursdays at 6pm
- You do not need to be an Adler Aphasia Center member to join
- Sign up in advance for log-in instructions: <https://adleraphasiacenter.org/virtual-aphasia-group/>

Virtual Aphasia Choir from VoicesOfAphasia.org

- This is a singing group in the UK that has moved all its choir practices online during COVID-19.
- Follow the virtual practices and sing along with other people with aphasia:
<https://voicesofaphasia.com/virtual-choir-sessions/>
- New sessions added weekly

AphasiaRecoveryConnection.net

- ARC is an online chat group that meets 24/7 on FaceBook
- Request to join the group here:
https://www.facebook.com/groups/Aphasia.Recovery.Connection/?utm_source=Site&utm_medium=Join_Button&utm_campaign=JoinARC

AphasiaOnline.org Video Chat coming soon:

- Videoconferencing coming soon!
- <https://www.aphasiaonline.org/>

Stroke Network Support Group Chat Room

- Online chat room open 24/7
- <http://www.strokechat.net/>

Online Support Group for Caregivers:

- http://lists.caregiver.org/mailman/listinfo/caregiver-online_lists.caregiver.org

Additional Online Resources:

The University of Delaware Speech-Language Hearing Clinic

- Individual and small group treatment. Telehealth available
- Call to discuss your options at (302) 831-7100, or email SLHclinic@udel.edu
- <https://sites.udel.edu/cscd/clinic/>

Zoom Instructions for People with Aphasia from Aptus

- Zoom is a popular video-teleconferencing platform. It is a wonderful way to connect people with aphasia who live in different geographical locations.
- <https://www.aptus-slt.com/post/zoom-aphasia-guide>

Nationwide Telepractice Services from Aphasia.org

- Find a Speech Language Pathologist who provides services without leaving the house
- https://www.aphasia.org/?s=&zipcode=&search_post_type=place&category=telepractice&state=&count=&sort-by=&sort=

Tactus Speech Therapy Apps for Adults Recovering from a Stroke

- Download free or “lite” apps to continue rehab and recovery at home
<https://tactustherapy.com/find/>
- Download free PDF resources like “How-to: Word Retrieval” or “50 Things you can do to help your loved one with aphasia” <https://tactustherapy.com/downloads/>

More COVID-19 Resources for PWA

- A helpful infographic explaining all major COVID facts: <https://tactustherapy.com/wp-content/uploads/2020/03/COVID-19-Aphasia-Friendly-Information.pdf>
- A curated list of COVID resources for people who need communication supports: <https://www.smores.com/udqm2-covid-19-preparedness>
- Follow @AphasiaCRE on twitter for up to date aphasia-friendly COVID updates: <https://twitter.com/aphasiacre>
- The Centre for Research Excellence in Aphasia Recovery & Rehabilitation will be sharing all aphasia-COVID resources starting March 23: <https://www.latrobe.edu.au/research/centres/health/aphasia/resources>
- The Aphasia Institute has a free PDF using their ParticiPics to explain COVID-19 in an aphasia-friendly format: <https://files.constantcontact.com/cd648948001/c9c42a01-bf4d-4123-b1e3-fad0ce47b2fa.pdf>
- Lingraphica news during COVID-19: <https://www.aphasia.com/2020/03/16/3-ways-lingraphica-is-responding-to-covid-19/>
- COVID resources for the healthcare community: <https://cloudstor.aarnet.edu.au/plus/s/FwGrHWitOBUefwa>