DELAWARE TECHNICAL AND COMMUNITY COLLEGE
and
UNIVERSITY OF DELAWARE

PROGRAM ARTICULATION AGREEMENT

Associate Degree
Exercise Science

Baccalaureate Degree
Health Behavior Science:
Health, Physical Activity and Disability Minor

2013 through 2018

ASSOCIATE-BACCALAUREATE PROGRAM ARTICULATION AGREEMENT

between

Delaware Technical and Community College
and
University of Delaware

for
Exercise Science/Health Behavior Science:
Health, Physical Activity and Disability minor

AGREEMENT

WHEREAS Delaware Technical and Community College and the University of Delaware are committed to expanding educational opportunities for the citizens of the State of Delaware, and

WHEREAS the two institutions are committed to providing a smooth transition for students wishing to earn an associate degree and a baccalaureate degree, and

WHEREAS the intent of the two institutions is to avoid duplication of curricula where appropriate within articulated programs of studies, and

WHEREAS the two institutions better serve the educational growth of students and the economic development of the community through cooperative educational planning and optimal utilization of community resources,

BE IT HEREWITH RESOLVED that this agreement commits the partners to full support of an articulation process between similar academic programs offered by the two institutions.

* Approved minors included in the articulation agreement are: 1) Coaching Science, 2) Health, Physical Activity & Disability, 3) Public Health and 4) Strength & Conditioning

PROVISIONS OF THE AGREEMENT

1. This program articulation agreement applies to Delaware Tech's Associate Degree Program in Exercise Science and the University of Delaware's Bachelor of Science Degree Program in Health Behavior Science, to include one of the following minors: 1) Coaching Science, 2) Health, Physical Activity & Disability, 3) Public Health and 4) Strength & Conditioning.

2. The institutions agree to follow the joint program curriculum and course by course articulation delineated in this document.

3. Both educational institutions will cooperate toward developing, disseminating, and presenting the articulated program information to students.

4. Graduates of the Delaware Tech program who have completed the associate degree with a cumulative grade point average of 2.5 or higher will automatically be accepted into the baccalaureate program at the University of Delaware. Those with a cumulative grade point average between 2.0 and 2.5 will be considered for admission on a space available basis.

5. All articulated course credits earned with a C or better will be accepted for transfer according to the program matrix.

6. Students intending to transfer should complete the admissions application for the University of Delaware following the third semester of their associate degree program or upon completion of 48 credits.

7. Students are subject to all the policies and procedures of both institutions.

8. Students are subject to all specific policies pertaining to students admitted to the Health Behavior Science Bachelor of Science Degree Program.

9. This articulation agreement is based on the present curricula contained in this document and it is effective for a period of five years from the date of signing by both parties.

10. Both institutions at any time may initiate changes to this articulation agreement. Both institutions reserve the right to modify the programs as deemed necessary and agree to inform the appropriate individuals of said changes. The senior institution will make a good faith effort to honor the articulation agreement in effect at the time a student is admitted to the Exercise Science Associate Degree Program.

ASSOCIATE/BACHELOR'S CONNECTED CURRICULUM

Institutions: Delaware Tech and University of Delaware

Programs: Exercise Science and Health Behavior Science

Delaware Tech		Equivalency Approval Signature		University of Delaware	
Course	Credits	DTCC	UD	Course	Credits
BIO120 Anatomy & Physiology I and BIO121 Anatomy & Physiology II	5 5	Not currently in Transfer Matrix as this equivalency but evaluated for this agreement as equivalent	Not currently in Transfer Matrix as this equivalency but evaluated for this agreement as equivalent)	KAAP220 Anatomy & Physiology BISC 166T Transfer Elective	3 7
ENG121 Composition	3	Matrix	Matrix	ENGL110 Critical Reading & Writing	3
EXS100 Introduction to Exercise Science	4	Matrix	Matrix	KAAP430 Exercise Physiology	4
EXS101 Functional Kinesiology	3	Matrix	Matrix	KAAP350 Basic Concepts In Kinesiology	3
ENG 124 Oral Communications	3	Matrix	Matrix	COMM350 Public Speaking	3
MAT153 College Math & Statistics	4	Matrix	Matrix	MATH114 College Mathematics & Statistics MATH166T Transfer Elective	3 1
EXS105 Conditioning & Strength Training	4	Matrix	Matrix	KAAP320 Principles of Strength & Conditioning	4
EXS120 Wellness & Health Promotion	3	Matrix	Matrix	BHAN155 Personal Health Management: An Approach for a Lifetime	3

ASSOCIATE/BACHELOR'S CONNECTED CURRICULUM

Institutions: Delaware Tech and University of Delaware

Programs: Exercise Science and Health Behavior Science

Delaware Tech		Equivalency Approval Signature		University of Delaware	
Course	Credits	DTCC	UD	Course	Credits
HLH110 First Aid, Safety & CPR	3	Matrix	Matrix	KAAP210 Emergency Management of Injuries and Illness	3
EXS135 Exercise Science Clinical I	2	Matrix	Matrix	BHAN263 Leadership Practicum (1 credit not applicable to graduation requirements)	2
BIO115 Nutrition	3	Matrix	Matrix	NTDT200 Nutrition Concepts	3
SOC111 Sociology 1	3	Matrix	Matrix	SOCI201 Introduction to Sociology	3
EXS200 Nutrition for Sport & Exercise	3	Matrix	Matrix	NTDT310 Nutrition and Activity	3
EXS205 Fitness for Special Populations EXS230 Health Fitness Instruction	3 4	Matrix	Matrix	BHAN435 Physical Activity Behavior BHAN466T Transfer Elective	3 4
EXS225 Advanced Exercise Testing	4	Matrix	Matrix	KAAP434 12-Lead EKG Interpretation KAAP466T Transfer Elective (1 credit not applicable to graduation requirements)	3 1
PSY121 General Psychology	3	Matrix	Matrix	PSYC100 General Psychology	3
EXS235 Exercise Science Clinical II	5	Matrix	Matrix	KAAP166T Transfer Elective	5
Credit Total	**67**			**Credit Total (2 credits not applicable to graduation requirements)**	**67**

CONNECTED DEGREE CURRICULUM

Suggested Course Sequence

ASSOCIATE DEGREE
Exercise Science

DELAWARE TECHNICAL AND COMMUNITY COLLEGE

CLASS	FIRST SEMESTER	CREDITS
BIO120	Anatomy & Physiology I	5
	SECOND SEMESTER	
BIO121	Anatomy & Physiology II	5
ENG 121	Composition	3
EXS100	Introduction to Exercise Science	4
EXS101	Functional Kinesiology	3
	THIRD SEMESTER	
ENG124	Oral Communications	3
MAT153	College Math and Statistics	4
EXS105	Conditioning & Strength Training	4
EXS120	Wellness and Health Promotion	3
HLH110	First Aid, Safety & CPR	3
	FOURTH SEMESTER	
EXS135	Exercise Science Clinical I	2
BIO115	Nutrition	3
	FIFTH SEMESTER	
SOC111	Sociology I	3
EXS200	Nutrition for Sport & Exercise	3
EXS205	Fitness for Special Populations	3
EXS225	Advanced Exercise Testing	4
EXS230	Health Fitness Instruction	4
	SIXTH SEMESTER	
PSY121	General Psychology	3
EXS235	Exercise Science Clinical II	5
TOTAL		**67**

BACHELOR'S DEGREE
Health Behavior Science**
Health, Physical Activity & Disability Minor
UNIVERSITY OF DELAWARE

CLASS	SEVENTH SEMESTER (FALL)	CREDITS
BHAN311	Issues in Health Behavior Mgmnt	3
BHAN326	Rsrch Mthds in Hlth Behavior Mgmnt	3
BHAN342	Intro to Adapted Physical Activity	3
KAAP301	Lifespan Motor Development	4
BHAN403	Prctcm in Adapted Physical Activity	1
	EIGHTH SEMESTER (SPRING)	
BHAN332	Hlth Behavior Theory & Assessment	3
BHAN335	Health and Aging	3
HLPR222	Intro to Epidemiology	3
Breadth	Creative Arts & Humanities*	3
Breadth	History & Cultural Change*	3
BHAN403	Prctcm in Adapted Physical Activity	1
	NINTH SEMESTER (FALL)	
BHAN490	Development of Health Promotion Programs	3
HLPR430	Behavior Change Strategies & Tactics	3
BHAN445	Health, Physical Activity & Disability	3
Breadth	Social & Behavioral Sciences*	3
BHAN403	Prctcm in Adapted Physical Activity	1
	TENTH SEMESTER (SPRING)	
BHAN464	Health Behavior Science Internship	9
Breadth	Math, Natural Science & Technology*	3
TOTAL		**55**

* Breadth requirements must be from four different subject areas and chosen from the University Breadth Requirement listing found in the UD online Academic Catalog. One of the four breadth requirements must also satisfy the Multicultural Requirement.

**The above represents one possible course sequence. Consult with your advisor for possible alternative sequencing.

- Students must complete a minimum of **120** credits for the bachelor's degree in Health Behavior Science.
- Course offerings by semester may vary. See your advisor.
- RDG 120, Critical Reading and Thinking, is a required DTCC course unless the student is exempt. Students may transfer this course as a free elective.

APPROVAL

This program articulation agreement is between Delaware Technical and Community College's Associate of Applied Science Degree in Exercise Science and the University of Delaware's Bachelor of Science Degree in Health Behavior Science.

Approval is granted for a period of five years effective on the date both parties have signed this agreement.

Dr. Orlando J. George Jr., President
Delaware Technical and Community College — Date: 6/24/14

Dr. Domenico Grasso, Provost
University of Delaware — Date: 6/17/14

Dr. Kathleen Matt, Dean, College of Health Sciences
University of Delaware — Date: 10/24/13

Dr. Michael Peterson, Chair
Department of Behavioral Health & Nutrition
University of Delaware — Date: 10/24/13

Dr. William Farquhar, Chair
Department of Kinesiology & Applied Physiology
University of Delaware — Date: 10/21/13

Dr. Mark Lafferty, Department Chair, Allied Health & Sciences
Delaware Technical and Community College — Date: 10/15/13

Ms. Carol Malkin, Program Coordinator, Exercise Science
Delaware Technical and Community College — Date: 10/15/13