

2023 Delaware 4-H State Leader Forum
Delaware Tech, Owens Campus
Saturday, September 23, 2023
9:00 a.m. to 3:00 p.m.

Making the Best Better



Delaware Cooperative Extension

Delaware 4-H Leader Forum

Dear Delaware 4-H Leader:

Before September calendars become filled with activities, we want to invite you to join us in bringing fellow volunteer 4-H leaders together for the 2023 Delaware 4-H State Leader Forum.....you won't want to miss this special day!

We are excited to be having the event at the start of the new 4-H year on Saturday, September 23rd, so we can celebrate, learn, and start building early to make the best better in Delaware 4-H! The theme for this year's forum is: **Building on the Basics**. Sussex County will be hosting the event this year at Delaware Technical and Community College in Georgetown and we are pleased to offer coach bus transportation round trip for leaders in New Castle and Kent counties.

Due to your feedback, we have also changed the schedule which we hope will bring a richer experience to your time with us as we are back to our traditional three workshop program. Most of the workshop topics were requested by 4-H volunteers across the state over the last few months and we hope the instruction and camaraderie will bring leaders the tools and confidence they need as we kick off the new 4-H year.

Attached are workshop descriptions and schedule for the day. Registration will be available online beginning Tuesday, August 29, 2023. The link is <http://www.udel.edu/0010953> or you can scan the QR code below with your phone camera. Please be sure to select your choices for each workshop in order of your preference.

Please note that the workshops will be filled on a "first come, first serve" basis, so the earlier you register the better chance you will have of getting your first choice. The cost of the Forum is \$10.00 and may be covered by each county's Leaders' Association or a staff purpose code. Deadline to register is Monday, September 18th.

We look forward to seeing you in Georgetown on September 23!

Yours in 4-H,

A handwritten signature in black ink that reads "Ernie López".

Dr. Ernie López
Extension Specialist, 4-H Youth Development
University of Delaware



Location:
Delaware Technical & Community College
Owens Campus, Carter Partnership Center
21179 College Dr.
Georgetown, DE 19947

Forum Agenda

8:30 a.m.—9:30 a.m.

Registration & Continental Breakfast

9:30 a.m.—9:50 a.m.

Greetings & Welcoming Remarks

10:00 a.m.—10:50 a.m.

Workshop Session I

11:00 a.m.—11:50 a.m.

Workshop Session II

Noon—1:30 p.m.

Lunch and Poster Session Along with Overview of 4-H Thrive Model

1:45 p.m.—2:45 p.m.

Workshop Session III

2:45 p.m.

Wrap-up & Evaluation

Have a safe ride home!

Workshop Session I 10:00 a.m. to 10:50 a.m.

Hands On Activities for Club Meetings

This session will cover basic tips to enhance your time spent at club meetings. Come learn some of our favorite ice breakers along with lessons that can take your meeting to the next level. Bring your pen and note pad and get ready to kick your meetings up a notch!

What in the World is Project Work

One of our most requested workshops of the forum! What are county record books and what is the best way to gather all the information for our 4-H youth to properly prepare for this important task? New leaders and veterans alike will benefit from this session.

Basic First Aid: Be Prepared with More than Band Aids

Keeping our youth safe in 4-H is what we do best and is an expectation all of us have in our clubs. Leaders will learn a variety of basic first aid topics that will give club leaders comfort and confidence in knowing what to do when and if the bumps and the bruises need a bit more care!

Embracing and Engaging New Members

Join in this session and learn how 4-H has become even more of a safe place for youth from all backgrounds and varied interests. Creating a club environment where youth feel welcome, respected, and valued, regardless of who they are or where they come from, will energize, and excite you to be more inclusive!

Getting Comfortable with Livestock

Have you ever wanted to find your way into the world of 4-H livestock even though you don't own an animal? Or do you have too many animals and don't know where to get started? Let us lay it all out for you in this candid and conversational class on getting cozy with all critters in the world of 4-H livestock!



Workshop Session II 11:00 a.m. to 11:50 a.m.

Community Service Activities for Your Club

Delaware 4-H takes pride in our club services activities and 4-H youth are known by stakeholders as being community partners and leaders. Learn ways to help your youth become more engaged in their community and how important volunteer service can be for clubs.

Volunteering on My Time and My Terms

We can all only do so much as 4-H leaders and sometimes, life gets in the way of the things we'd like to do for our clubs. Learn how to take the stress out of what can sometimes be a challenge between volunteering and still being the best, you can be at home and work. Making the best better means being the best you can be. This discussion will share tips on how to make the balance work.

Successful Club Fundraising: Getting More Greenbacks

This session will cover the important piece of getting comfortable with raising money for your club and county programs. Delaware 4-H has always been strong at getting support from various stakeholders and this seminar will cover the basics but also point to new ideas to grow those club checking accounts.

4-H Competitions and Judging Contests 101

Back by popular demand! So many contests and so many competitions in Delaware 4-H. In this workshop, you will learn about all of them, in addition to updates and revisions as contests continue to evolve and improve! Blue Ribbons and Premiums start here in this engaging seminar.

Youth and Adults: Partnerships and Mentorships

The success of our 4-H youth is why we as leaders dedicate the time to give back. Nothing is more meaningful than to see the powerful collaboration between our 4-H youth and the adults who give their time to mentor and volunteer alongside them. This workshop goes deeper in examining the positive health and wellness benefits of these important connections.



Workshop Session III 1:45 p.m. to 2:45 p.m.

Green Thumbs for Gardening in 4-H

Do your plants always die shortly after you plant them? Do you steer clear of the horticulture entries at the State Fair every year? Well fear not, as this workshop will be filled with good dirt to help you grow in your knowledge and comfort level with the possibilities youth have to grow in the garden.

Thrive in Your Club with 4-H

The 4-H Thrive Model is a curriculum based on positive youth development focused on long term, successful outcomes. This learning model has taken hold in 4-H programs nationally and this workshop will bring it home right here to Delaware so you can take it back to your clubs and counties!

What Kind of 4-H Leader Do I Want to Be

Leading a club isn't easy and with so many different ways to volunteer, sometimes looking over all the options with care is always better than just jumping in head first. From county leaders to organizational leaders to club leaders, we will review them all in this important workshop for new volunteers or our seasoned leaders looking to pivot in a new direction.

4-H & UD: Find the Best Connections & Collaborations

Having trouble figuring out what the Blue Hens and the green clovers are all about? Learn how valuable the relationship between Delaware 4-H and the University of Delaware is and how that connection can be a benefit to your club. From educational resources to campus visits, the opportunities for collaboration are limitless.

Mindfulness 2.0: A Better Way to a Healthier Life

We can only do well by being well and today's 4-H youth need us to be our best. Wrap up your leader forum by attending this workshop focused on lessons in good health and wellness that will bring a renewed sense of focus and energy to working with our 4-H youth.



