**Hints for [County] Study Abroad, Semester YEAR**

Professors: Name [email] Cell Phone:

Name [email] Cell Phone:

Arrival Information:

Language: XXX is the native language for Country, but around XX percent of the population speaks **English**.

Time: Such as Military time (00:00 – 24:00) XX

Time Zone: XXXXXX Time. Delaware is X hours earlier than County.

Temperature: Celsius scale

°C = 5/9(°F - 32) °F = 9/5 °C + 32

Example:

June Average Temperature:

Highs Lows

Rome

29°C = 84°F 17°C = 63°F

Climate & Clothing: Describe climate and add notes regarding clothes to pack. Bring clothing you can layer.

Money: Currency is the XXX.

All banks change money, though they impose a small fee for doing so. The ATM card is a solid option. It usually not recommend changing money at the currency exchange businesses located in either US or European airports.

Charging purchases on a major credit card (Visa/Master Card recommended) also results in a favorable exchange. Do not use your debit card for purchases, You can use your MAC card at many ATM’s (ask for a *bancomat*). You will need cash for smaller items such as coffee, pizza etc.

Contact your credit card provider as well as your ATM provider to let them know where you will be traveling. Provide them the dates of your travel.

Currency exchange: Current rate [DATE] is…

1 US Dollar = XXXX

XXX = $?? US Dollar

Getting around: Public transportation in XXX [Provide website link]

Phone service:

Your Addresses: Dates

**Full address of accommodation(s) with telephone number(s)**

**Operating hours**:  **Examples:**

**Shops** generally open at 09:00 in the morning and close at 13:00 hours, then after lunch Shops open again at 15:30 in the afternoon and close at 19:30 from Monday to Saturday.   
  
 Most shops are closed on Sunday xxxxxxxx

**Pharmacies:**   
  
 M**useums**

**Public Libraries**

**Bank**   
  
 **Public offices**

**Post offices**

**Restaurants**

**Church**

Dress: Describe business casual or anything goes…

Comfortable shoes for walking are a must. Consider bringing hiking boots if you plan to hike on trails through hills, forests, and rough terrains or in the mountains.

Laundry: Try to bring washable clothing. Note is washers and dryers are available in accommodations and cost.

Medical: .

Electrical appliances: The shape of electric plugs in Europe are NOT the same as in the US. Furthermore, current is 220-230 volts, not 110 volts as in the US. Consequently, you will need a transformer/converter if you plug in ANY electrical appliance. You can use a 2-prong convertor for things such as a phone or computer.

Alarm clocks: Use your phone or bring a battery-operated travel alarm.

Coffee etiquette:

Videos: Do not bring any NTSC format videos: this format is not used in Europe.

Personal Favorites: If you can’t live without a favorite food or snack item such as peanut butter, Pop Tarts, Bubble Yum, etc., bring an adequate supply with you. Many things that you readily obtain in the US may not be available. If you are accustomed to using mouthwash or antiperspirant, bring it with you. You may not find your brand. On the other hand, Europe has all of these available in other very unique brands.

Backpacks: Definitely bring your backpack! And a water bottle!! And, sunscreen!!!

Other: You might want to consider getting a money belt or pouch that is worn under your clothes for use when you are traveling.

By law, you must carry ID on you when traveling in XXXy. You can usually use a copy of your passport.

Make a ***copy of your passport*** and keep the copy separate from your passport holder. Also, provide an extra copy to the instructors.

Websites and apps:

Packing and luggage: Check your airline – must charge for check-in bag with a weight limit of 50 lbs. (22.7 kilo…they measure weight at the airport in kilos). The airlines now charge exorbitant rates for OVERWEIGHT, even 2-5 lbs. over. There are also limits for carry-on bags.

Travel safety Tips:

<https://www.ricksteves.com/travel-tips/theft-scams/outsmarting-pickpockets>

Phones in Europe:

Confirm that your phone will work in Europe. Research your provider's international rates. Plan pricing varies wildly by carrier. Call your provider or check their website for the latest pricing.

Activate international service. A day or two before you leave, log on to your mobile phone account or call your provider to activate international roaming for voice, text, and/or data (whichever features you plan to use), and sign up for any international plans.

Cancel international service when you get home. When you return from your vacation, cancel any add-on plans that you activated for your trip.

***BON VOYAGE!***