

## **Heartfelt Greetings**

Help us keep those who may experience a sense of social isolation stay in contact with their loved ones this Holiday Season! **Heartfelt Greetings** is collecting new/unused boxed sets of Holiday and Blank Greeting Cards to distribute to our elderly (65+



y/o) or disabled neighbors across Delaware. Many of them don't have family/friends living in our area. Participants can either send cards to their loved ones, or anonymously to patients at local Veterans hospitals. Most of us probably already have cards we intended to send last year but didn't.

**The Never Alone Project**: Social isolation and loneliness have gradually become contributing factors to increased illness among elderly, disabled, and chronically ill persons. We promote resilience by establishing new, and

supporting existing relationships with clients, caregivers, and families.

## **How Can You Help?**



- Submit names of persons to receive boxed cards and participate in The Never Alone Project
- Donate or coordinate the collection of boxed cards (12-20 cards/box) from your house of worship, organization, or community
- Donate funds toward gifts of postage stamps
- Volunteer to assist with collecting bulk donations or distribute cards to participants



## The Deadline for all donations is **Monday, November 20, 2023**

## <u>For More Information:</u>

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Thank you for making this a Caring and Sharing Holiday Season!