

The background of the cover is a photograph of a large, classical-style building with a portico supported by several white columns. The sun is low in the sky on the right side, creating a warm, golden glow and lens flare effects. A brick walkway leads up to the building's steps, and a black lamppost stands on the left. The sky is a mix of blue and yellow.

**UNIVERSITY OF  
DELAWARE**

College of  
Health Sciences

DEPARTMENT OF  
BEHAVIORAL HEALTH  
& NUTRITION

**2017-2018**  
**Student Handbook**

**[www.udel.edu/bhan](http://www.udel.edu/bhan)**

## Table of Contents

<b>Suggestions for Success</b> .....	1
<b>BHAN Fact Sheet</b> .....	2
<b>General Advising Procedures and Information</b> .....	6
<b>University Requirements Explained</b> .....	8
<b>Important Dates Fall 2017- Winter 2018</b> .....	10
<b>The Family Rights to Privacy Act of 1974 (FERPA)</b> .....	11
<b>Registration Support</b> .....	12
<b>Glossary of Academic Information</b> .....	15
<b>UD Calendar</b> .....	21
<b>CHS Undergraduate Student Services</b> .....	22
<b>UD Resource Directory</b> .....	23
<b>Faculty and Staff Contact Information</b> .....	26
<b>Major Checksheets</b>	
<b>Applied Nutrition</b>	
<b>Dietetics</b>	
<b>Double Major in Dietetics and Nutritional Sciences</b>	
<b>Health Behavior Science</b>	
<b>Health Behavior Science with a Concentration in Health and Disability</b>	
<b>Nutritional Sciences</b>	
<b>Minor Checksheets</b>	
<b>Coaching Science</b>	
<b>Dance</b>	
<b>Health, Physical Activity and Disability</b>	
<b>Health and Wellness</b>	
<b>Nutrition</b>	
<b>Medical Social Services</b>	
<b>Public Health</b>	

## Suggestions for Success

Welcome to the Department of Behavioral Health and Nutrition (BHAN)! Please read the following tips to help get you started in your academic career.

1. **MEET WITH YOUR ADVISOR ON A REGULAR BASIS.** Faculty and Academic Advisors are available to meet with you about major/minor choice, course selection and sequencing, graduation requirements and career questions. We strongly encourage you to utilize this relationship and meet with your advisor on a regular basis. Make sure you schedule an appointment with your advisor **PRIOR TO** registration periods. See “Who Is My Advisor?” on page 6.
2. **BECOME FAMILIAR WITH YOUR SUGGESTED PLAN OF STUDY.** The suggested plan of study is listed on the back of each curriculum checksheet. It is meant to be a guide to help you plan your academic career. Consult with your advisor on any deviation from the program of study.
3. **ALWAYS REGISTER AT YOUR ASSIGNED TIME.** Your appointment time will be listed in UDSIS a couple of weeks before registration opens. It is imperative that you register for your courses at your assigned appointment time in April and November. Do not delay or you could have difficulty scheduling courses.
4. **PAY ATTENTION TO PREREQUISITES AND COREQUISITES.** A prerequisite is a course/requirement that must be completed prior to another course. A corequisite is a course/requirement that must be completed concurrently. All prerequisites and corequisites are listed on the online catalog.
5. **READ YOUR EMAIL REGULARLY.** Email is the primary form of communication used by the university. We recommend checking your email once or twice every day. You could receive important emails regarding your current classes and assignments and/or important deadlines.
6. **MAKE SURE YOUR EXPECTED GRADUATION TERM IN UDSIS IS CORRECT.** This field triggers administrative processes that will help ensure complete and timely information delivery to students regarding successful completion of graduation requirements.
7. **SEEK ADVISEMENT, SEEK ADVISEMENT, SEEK ADVISEMENT.**

## Department of Behavioral Health and Nutrition: Fact Sheet

This fact sheet provides brief information about the majors and minors that are offered by the Department of Behavioral Health and Nutrition. Please see the online course catalog or the individual major/minor curriculum checksheets for more detailed information.

### Departmental Majors

- **Bachelor of Science: Applied Nutrition (APN)**
  - Applied Nutrition is the most flexible of our nutrition majors. It has many course options and electives so you can combine nutrition study with another academic interest area. It may be for the person who wants to develop his or her own course of study based on a non-traditional career plan. Applied Nutrition majors are encouraged to consider a minor in a complementary field to enrich their program of study. This program is frequently used as a foundation for accelerated nursing programs.
  - **Admission:** Students are required to review the Introduction to Nutrition Powerpoint online and meet with a BHAN Academic Advisor. Then, students must submit the Change of Major, Minor, Concentration and Graduation Term webform in UDSIS.
  
- **Bachelor of Science: Dietetics (DIET)**
  - Dietetics is a program accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND), the credentialing agency for the Academy of Nutrition and Dietetics. Completion of a post-undergraduate accredited dietetics internship is the second step toward becoming a Registered Dietitian Nutritionist (RDN). After completing the 1200-hour internship (~ 9-12 months), students must take and pass the national exam as the final step in attaining the RDN credential.
  - **Admission:** Students wishing to pursue the Registered Dietitian Nutritionist (R.D.N.) credential will be initially admitted to the Applied Nutrition major. Students can apply to the Dietetics major upon completion of at least 40 credits total, which must include: **NTDT200, NTDT250, CHEM101/103/107, CHEM102/104/108, CHEM213, CHEM215** and **BISC205**. To be accepted to the Dietetics major, students must 1) have completed all coursework listed above, 2) have an overall GPA of 2.75 including courses listed above, 3) have at least 40 credits (12 at UD) total and 4) submit the Change of Major, Minor, Concentration and Graduation Term webform in UDSIS.
  
- **Bachelor of Science: Nutritional Sciences (NS)**
  - Nutritional Sciences is a strong science-based program which leads to post-graduate study. This major can lead to advanced degree programs in nutrition or to professional schools in medicine, dentistry, physical therapy, chiropractic, or physician's assistant programs.
  - **Admission:** Students are required to review the Introduction to Nutrition Powerpoint online and meet with a BHAN Academic Advisor. Then, students must submit the Change of Major, Minor, Concentration and Graduation Term webform in UDSIS.
  
- **Bachelor of Science: Health Behavior Science (HLBH)**
  - Health Behavior Science is the study of creating and promoting sustainable behavior change to obtain optimal quality of life. Health Behavior Scientists explore and analyze how actions, cognitions, communications, and environment affect health, chronic

disease and relationships across the lifespan. Health Behavior Science majors address topics such as: 1) Cognitions (knowledge, attitudes, and skills); 2) Behaviors (physical activity, eating habits, and stress management); 3) Environment (factors that shape behavior). Majors gain expertise and skills to promote healthy lifestyles through: a) needs assessment, b) identifying health priorities, c) creating evidence-based and innovative health programs, and d) evaluating health impacts and outcomes.

Completion of an approved minor and a nine-credit internship are integral components of this program.

- **Admission:** Students must submit the Change of Major, Minor, Concentration and Graduation Term webform in UDSIS.

- **Bachelor of Science: Health Behavior Science with a Concentration in Health and Disability (HLBH-HDS)**

- The Health and Disability concentration provides undergraduate students in the Health Behavior Science major with a theoretical base, important graduate prerequisites, and quality field-based experience to appropriately plan for and work with individuals with disabilities across the lifespan in a variety of settings that promote health, physical activity, and wellness. The concentration helps students interested in the behavioral health sciences be better prepared for graduate studies to pursue a career in various health, medical, and/or disability fields. Students in this major should carefully review the admission requirements for graduate programs to which they plan to apply. Completion of this concentration will substitute for the required approved minor for the Health Behavior Science degree. Students in the Health and Disability concentration in the Health Behavior Science major, who are also pursuing the Disabilities Studies minor, may overlap a maximum of six credits from their major and concentration coursework with minor coursework. Additionally, students pursuing the Health and Disability concentration may not also pursue the Health, Physical Activity, and Disability minor.
- **Admission:** Students must have successful completion of CHEM103 or 107 (C- or better) and a minimum cumulative GPA of 2.75. Students must submit the Change of Major, Minor, Concentration and Graduation Term webform in UDSIS.

### **Departmental Minors**

- **Coaching Science Minor**

- This minor will help students develop a personal coaching philosophy, an understanding of the body, how it performs, injury and injury prevention, teaching of skills and progressions, sport psychology, and a variety of team responsibilities. A practicum or field experience will be required in the student's chosen sport to further enhance the development of coaching skills and philosophy. If a student chooses a sport that is a winter sport, i.e., basketball, the student is required to register for winter session. The same requirement applies for a practicum experience done during the summer. The minor requires 19 credits.
- **Admission:** Must have a 2.25 GPA and submit the Change of Major, Minor, Concentration and Graduation Term webform in UDSIS.

- **Dance Minor**
  - The dance minor provides students with an opportunity to study a variety of coursework including, but not limited to, technique, composition and choreography and electives in the historical, cultural, pedagogical, and somatic areas of dance. Also, dance minors complete a variable credit capstone experience project. The Dance Minor is a joint program between the College of Arts & Sciences and the College of Health Sciences. The minor requires a minimum of 17 credits.
  - **Admission:** Must have a 2.0 GPA and submit the Change of Major, Minor, Concentration and Graduation Term webform in UDSIS.
  
- **Health, Physical Activity and Disability Minor**
  - This program provides undergraduate students with a theoretical base and quality field-based experiences to appropriately serve individuals with disabilities across the lifespan in a variety of settings that promote health and wellness. The minor is open to students in any major, but is particularly suited for students who are planning careers in health and exercise sciences such as health promotion, fitness, occupational therapy, physical therapy, therapeutic recreation, health and physical education, special education, sports medicine and coaching. Students applying for the minor must have completed at least one semester of full-time study with a minimum GPA of 2.0. A grade of C- or better in required courses is needed for successful completion of the minor. A maximum of six credits may be from the student's major or another minor.
  - **Admission:** Must have a 2.0 GPA and submit the Change of Major, Minor, Concentration and Graduation Term webform in UDSIS.
  
- **Health and Wellness Minor**
  - The Health and Wellness minor is for students who have an interest in expanding their knowledge of health and wellness issues. Courses will provide students with the knowledge, skills and experiences necessary to understand the role culture, gender, environment and behavior play in personal and community health. The minor will provide students with the opportunity to complement their major course of study by expanding and applying health knowledge and concepts to their chosen profession and personal life. Students in the Health Behavior Science major are not eligible to take this minor. A grade of C- or better in all required courses is necessary for successful completion of the minor. A maximum of nine credits may be from the student's major or another minor.
  - **Admission:** Must have a 2.0 GPA and submit the Change of Major, Minor, Concentration and Graduation Term webform in UDSIS.
  
- **Medical Social Services Minor**
  - Medical social services provide assistance to patients and their families with accessing available community resources. Professionals in this field connect people to appropriate social and/or medical services. Typical employment settings include hospitals, schools, hospice, and nursing home facilities.
  - Open to all students in all majors, the minor introduces the intersection of social services and public health within an interdisciplinary context. Although the minor provides background content for students interested in pursuing a master's degree in medical social work, this minor alone does not qualify students for professional licensure in social work. The minor requires 18 credit hours that include a combination of required core courses and courses selected from a list of recommended electives. Human Services majors may count only HDFS 230 for both this minor and their major. Health Behavior Science majors may not count more than one courses toward both

this minor and their major. All courses included in the minor must be completed with a C- or better.

- **Admission:** Must have a 2.0 GPA and submit the Change of Major, Minor, Concentration and Graduation Term webform in UDSIS.

- **Nutrition Minor**

- A minor in Nutrition provides students in a variety of degree programs with a fairly intensive level of understanding of nutritional science. This minor is for students interested in the field of nutrition who believe that good nutrition and healthy lifestyle choices are important for the overall well-being of individuals. The program includes three core nutrition courses, two nutrition electives and requires four semesters of chemistry and, as such, is well suited for students in Biology, Chemistry and Nursing, among others. It is not available to students in the majors of Applied Nutrition, Dietetics or Nutritional Sciences due to the extensive amount of course overlap.
- **Admission:** A student may apply at any time by obtaining permission from the Faculty Advisor for the minor (Dr. Sandra Baker, [bakers@udel.edu](mailto:bakers@udel.edu)). Students must have a 2.0 GPA and submit the Change of Major, Minor, Concentration and Graduation Term webform in UDSIS.

- **Public Health Minor**

- Public Health is the scientific field of study focused on preventing disease, promoting health, and prolonging life. This is achieved through the conduct of scientific research, implementation of health education programs and the organized efforts and informed choices of society, communities and individuals. A joint program between the Department of Behavioral Health and Nutrition and the School of Public Policy and Administration, the Public Health minor provides an interdisciplinary opportunity to develop practical skills in program development and increase knowledge in the areas of social systems, policy, and leadership. This minor offers a greater appreciation for the application of public health concepts to the student's field of study. The minor, available to students of all disciplines, requires 18 credit hours distributed as follows: Three required core courses (9 credits), and three elective courses (9 credits). At least six of the nine elective credits must be chosen from outside your major. All courses in the minor must be completed with a C- or better.
- **Admission:** Must have a 2.0 GPA and submit the Change of Major, Minor, Concentration and Graduation Term webform in UDSIS.

## General Advising Procedures and Information

**University of Delaware's Advisement Mission:** Academic advising at the University of Delaware is a shared practice throughout the institution that is an integral part of teaching, mentoring and learning. Collaborative relationships among students, faculty advisors, and professional advisors support students' development and achievement of their educational goals.

Our department is committed to upholding UD's Advisement Mission by providing students access to academic advising that supports students' academic progress and achievement of their goals. From orientation to graduation, we are here to guide our students on their educational path. Faculty and Academic Advisors can assist students with course selection, academic planning, understanding degree requirements, and solving registration issues. You are encouraged to visit your advisor at least once every semester, or whenever you need some help with your academic program.

Students are reminded that they are ultimately responsible for their own academic program and course load. Academic advising services should never replace individual student responsibility.

### Who is my advisor?

Students are assigned an advisor upon entering the Department of Behavioral Health and Nutrition. You can find out who your advisor is by logging into UDSIS and looking on the right side of your Student Center page for your advisor's name.

All students with 59 credits or less will be assigned to an Academic Advisor. Emily Lodyga advises students with last names beginning with A-M. Sue Coffing advises students with last names N-Z. Sue also advises all BHAN students (freshmen-seniors) in the Honor's Program. Students that have earned 60 credits or more will be transitioned to a Faculty Advisor.

### How do I make an appointment with my advisor?

To make an appointment with Academic Advisors Sue Coffing or Emily Lodyga, use the UDSIS Advising Appointment System. Log into UDSIS and follow the instructions below:

- Click **Self Service** → Click **UD Appointments Sign Up**
- Department Calendar → Click the  → Select **Academic Advising**
- Appointment Reason → Click the  → Click **Look up** → Choose reason
- Filter by Faculty/Staff Name → Click the  → Select **Emily Lodyga** (last name A-M) or **Susan Coffing** (last name N-Z)
- Click **View All** to see all available appointments
- Choose appointment time → click **Schedule**
- A confirmation email will be sent to you
- Review your e-mail to confirm appointment details

Please email your Faculty Advisor directly to make an appointment with them.

### How often should I meet with my advisor?

It is recommended that you meet with your advisor at least once a semester to discuss your academics, schedule courses, track your progress toward graduation, and to learn about opportunities in your field. You are welcome to meet with an advisor anytime you have a question or concern.

**How can I make the most of my advising appointments?**

When corresponding with your advisor via email, always include your full name and student ID number. Prepare for your appointment by reviewing your curriculum checksheet and course options and bring a list of any questions or concerns that you have.

**What is a degree audit and why is it important?**

A degree audit is an individualized advising resource that assists you in monitoring your academic progress. This tool allows you to clearly see which degree requirements you have fulfilled and which you still need to complete. Degree audits can be found on UDSIS, and they are what we use to clear you for your degree. In other words, if something is listed as “not satisfied” on your audit, you will not be cleared for graduation. All requirements on your degree audit must be satisfied to receive your diploma. Please see your academic advisor with any questions you may have.

**What should I do if my degree audit is wrong?**

If something looks inaccurate on your degree audit, i.e. the course that you took to fulfill a breadth requirement is not showing up, you should contact your advisor.

**What is a senior checkout?**

Senior checkout is an analysis of how many credits and which requirements need to be completed for a student to finish their degree. The initial Senior Checkout should occur at least one academic year before the student’s expected graduation term. This is a critical step in the process of degree certification and the awarding of the degree. All remaining requirements are specified in writing on the checkout form, including any special requirements as well as the specific number of credits remaining to be completed. The official Senior Checkout is the document used to determine degree certification. This document supersedes the online Degree Audit.

**What if my Expected Graduation Term is incorrect?**

Since your Expected Graduation Term listed in UDSIS triggers your senior checkout, it is important that that date is as close as possible to your actual graduation date. In particular, transfer students should check the accuracy of this date.

## University Requirements Explained

**ENGL110: Seminar in Composition (3 credits):** This course is an introduction to the process of academic writing that centers on the composition of analytical, research-based essays. It is required of all students and is generally taken in the freshman year. A minimum grade of a C- is required.

**Multicultural Course (3 credits):** All students must take a course stressing multicultural, ethnic, and/or gender related issues. There is a published list of acceptable courses in the [University Catalog](#). This course cannot be taken pass/fail. A minimum grade of D- is required.

**Discovery Learning Experience (3 credits):** All undergraduate students are required to engage in three credits of Discovery Learning Experiences (DLE), under the supervision of a faculty member. As a result of the DLE, all students should be able to: 1) apply critical thinking skills to develop effective responses to, and make informed decisions about, problems or situations encountered in the course of the learning experience; and 2) reflect upon what they have learned as a result of participating in the DLE. Many, but not all, DLE's include designated experiences such as internship, service learning, independent study, undergraduate research and study abroad.

BHAN464 satisfies the DLE requirement for Health Behavior Science majors. NTDT350 and NTDT460 are nutrition course options that could satisfy the DLE for Nutrition majors.

**First Year Experience (FYE) -** The First Year Experience is the first step in an exciting educational journey that helps students find their place at the University of Delaware and build strong social and academic foundations. All first- year students at the University are required to participate in a First Year Seminar. The First Year Seminar assists students in adjusting to college life and provides a unique learning experience. Students have the opportunity to explore the University of Delaware and learn about those things that are vital to their success.

Health Behavior Science and Nutrition majors take UNIV101 to meet the FYE requirement.

**University Breadth Requirements -** A college education requires some breadth of knowledge across diverse fields and perspectives. With this in mind, all students are required to complete a minimum of 12 credits from the list of University breadth courses. This includes 3 credits from each of the following categories. Students must earn a minimum grade of C- in each course to meet this requirement, and all of the breadth courses must have different academic prefixes.

Note that students must take breadth courses from four different subject areas (e.g. the four-letter subject code ACCT, HIST, etc.). Students may not use a course that is cross-listed with a subject area that has already been used to satisfy a university breadth requirement. Students enrolled in a single major may not satisfy the breadth requirement with courses in the subject area of that major (e.g. Health Behavior Science majors cannot use BHAN courses to satisfy breadth requirements and Nutrition majors cannot use NTDT courses to satisfy breadth requirements). Students who are enrolled in more than one major or degree are allowed to meet the University breadth requirement by taking approved breadth courses from within the subject areas of their majors. The requirement may be fulfilled through a course or courses taken to complete other degree requirements, subject to the limitations above.

**Creative Arts and Humanities (3 credits):** These courses provide students with an understanding and appreciation of the visual and performing arts, of aesthetic forms, designs, or craftsmanship, or of literary, philosophical, and intellectual traditions. Courses may focus on a single aesthetic form or intellectual tradition, or cross-cultural comparisons.

**History and Cultural Change (3 credits)**: These courses provide students with an understanding of the sources and forces of historical changes in ideas, beliefs, institutions, and cultures. Courses may address social, cultural, intellectual, economic, technological, artistic, scientific, and political development, changes in a discipline, or globalization and its effects.

**Social and Behavioral Sciences (3 credits)**: These courses provide students with an understanding of the behavior of individuals and social groups in the context of their human and natural environments. Courses emphasize the empirical findings, applications, and methods of the social and behavioral sciences.

**Mathematics, Natural Sciences and Technology (3 credits)**: These courses provide students with an understanding of fundamental and/or applied concepts and phenomena from mathematics, logic, natural or physical sciences, and technology including quantitative reasoning and methods used to approach and solve problems.

### Important Dates: Fall 2017- Winter 2018

Tuesday, August 29.....	First day of fall 2017 classes
Tuesday, September 12.....	Free Drop/Add deadline. After this date, tuition and a \$25 processing fee will be charged for change of registration; students withdrawing from courses will receive a grade of “W” on permanent record.
Tuesday, October 24.....	Registration Change Deadline. Students will receive a grade for all courses on their schedule after this date (see question 4 on page 12 for more information).
Monday, October 30.....	Registration for winter 2018 begins
Monday, November 6.....	Registration for spring 2018 begins
Monday, November 20- ..... Friday, November 24	Thanksgiving Break
Friday, December 8.....	Last day of fall 2017 classes
Monday, December 11- ..... Saturday, December 16	Fall final exams
Wednesday, December 20.....	Fall grades posted
Wednesday, January 3 .....	First day of winter 2018 classes
5 week classes: Monday, January 8..... 4 week classes: Thursday, January 11	Free Drop/Add deadline. After this date, tuition and a \$25 processing fee will be charged for change of registration; students withdrawing from courses will receive a grade of “W” on permanent record.
5 weeks: Monday, January 22..... 4 weeks: Tuesday, January 23	Registration Change Deadline. Students will receive a grade for all courses on their schedule after this date (see question 4 on page 12 for more information).
Friday, February 2.....	Last day of winter classes
Saturday, February 3.....	Winter final exams
Wednesday, February 7.....	Winter grades posted
Monday, February 5 .....	First day of spring 2018 classes

## **The Family Rights and Privacy Act of 1974 (FERPA, The Buckley Amendment)**

Advisors have access to much private information pertaining to students. This **information may not be divulged to anyone without the student's written consent**. This federal law, the Buckley Amendment, also often referred to as FERPA (The Family Rights and Privacy Act of 1974), establishes standards that pertain to all official student records, including the student's advising file. The Buckley Amendment applies to all schools which receive funds under an applicable program from the U.S. Department of Education. The law requires that educational institutions maintain the confidentiality of student education records and provide students with access to information placed in their official files. The Buckley Amendment generally prohibits the disclosure of information about an advisee without the advisee's prior written consent. Even disclosure to parents, other faculty, or administrators within the institution would constitute a violation unless the individual to whom the information was disclosed has been designated as a "school official" with "legitimate educational interests" in the institutional policy. As agents of the institution, advisors generally enjoy a qualified privilege that protects them from liability as long as they act in good faith in carrying out their responsibilities. The United States Supreme Court has stated that educators will be granted immunity unless they act maliciously or disregard the "basic unquestionable constitutional rights" of students.

## Registration Support

### Helpful sites for registration:

- Registration Help: <http://www1.udel.edu/registrar/course-info-registration/register-for-classes/reghelp.html>
- Registrar's Office Announcements: <http://www1.udel.edu/registrar/>
- Registration Tools & Tips for Undergraduate Students: <http://www1.udel.edu/registrar/course-info-registration/register-for-classes/regtools.html>
- Online Catalog: <http://catalog.udel.edu/>

\*In the Catalog, be sure to select the year you were admitted to UD as the "Academic Year"; otherwise the degree requirements shown may be different than what you must complete.

### 1. What is a registration appointment? How are they assigned?

Registration appointments are assigned to current matriculated undergraduate students for Fall, Winter and Spring terms. The appointment is the earliest day and time a student can begin registering for courses, so meet with your advisor well in advance of that time. Have your schedule and alternate course information ready to go when your appointment begins. Registration appointments are assigned based on earned credits. Each semester you attend and successfully complete credits at UD, your appointment will be at an earlier day/time during the registration appointment period.

### 2. What is Free Drop/Add?

Each semester/term has a free drop/add period in which students can drop or add courses with no financial obligation or entry on their academic record. The free drop/add period runs from the time of your registration appointment until the published deadline, which is normally a few days after classes start. The free drop/add deadlines for each semester are published in advance on the [Academic Calendar](#).

### 3. What is the Registration Change Deadline?

After free drop/add has ended, there is a period of each semester in which students can still withdraw from a course or make changes to grading basis, up until the Registration Change Deadline (8th week of the semester). After free drop/add, a one-time (per semester/term) fee of \$25 is charged for changes to registration. If students wish to withdraw from a course before this deadline, a grade of W will remain on the academic record, and financial obligations must still be met. A grade of W does not negatively impact a student's grade point average, and no credits are earned for the course. Students wishing to add a course after free drop/add must use the [Course Permit WebForm](#).

### 4. What happens after the Registration Change Deadline?

With Assistant Dean's approval, a student will be allowed to withdraw from a course or change registration after the Registration Change Deadline only for circumstances beyond the student's control. These may include illness, death of a relative, family problems or emotional difficulties. Less than desirable academic performance is not an approved reason for withdrawing from courses or changing registration status after the Registration Change Deadline.

**5. The course I want is full, what should I do?**

Keep checking! Students are dropping/adding throughout the free drop/add period and seats may become available. If a seat does not open up, you can contact the academic department that is offering the course, or once the semester has started, you can complete a Course Permit Webform. Some departments are keeping waitlists; see questions related to waitlist below. It is also imperative that you meet with your academic advisor regularly to determine what course choices are best for your degree program and career goals.

**6. The course I want appears open on the Courses Search webpage, but WebReg says there are no open seats.**

The Courses Search webpage is updated every 15 minutes during registration periods. The last update date/time can be viewed in the top right of the Courses Search page. Since WebReg is a live system, sometimes seats are taken before Courses Search is updated.

**7. I received a pre or corequisite error when trying to add a course. What does this mean?**

A prerequisite is a course/requirement that must be completed prior to another course and a corequisite must be completed previously or concurrently. Not all courses have requisites. Catalog course descriptions include prerequisite and corequisite information. You can view requisites by clicking a course hyperlink on the Courses Search webpage. If you receive this message in error, you can contact the offering academic department to discuss options.

**8. I received a Reserve Capacity, or Available Seats Reserved error.**

The academic departments sometimes restrict course seats to certain majors, minors, etc. If you want to inquire about adding a course after receiving this error, contact the academic department.

**9. When I try to add or drop a course, a message appears saying Department or Instructor consent is required; whom do I contact?**

The academic departments sometimes place restrictions on registration requiring approval before dropping or adding a course. If you want to inquire about adding a course after receiving this error, contact the academic department.

**10. I got a registration error that there is a hold on my account, what should I do?**

Registration holds are placed by a number of offices on campus. For example, holds are placed due to Student Financial Services (Billing), Alcohol EDU, Immunization and Academic Standing issues. Most holds cannot be removed by the Registrar's Office, and students should contact Student Financial Services, Student Wellness, Student Health Services or their Academic Advisor, etc. as applicable. See the Holds section in your UDSIS Student Center for more information.

**11. I am having some kind of technical issue/error message not listed above.**

You are welcome to contact the Registrar's Office anytime with technical registration problems or policy questions at registrar@udel.edu.

**12. Can I be added to a waitlist for a full course?**

Some academic departments keep waitlists for full sections- some within WebReg and some with manual requests to the department offering the course. If you see an "Add to Waitlist" button in WebReg, this section is eligible for waitlist directly through WebReg. If not, please contact the offering department to inquire about waitlisting.

## Registration Miscellaneous

### Integrated/Non-Integrated CHEM and BISC:

CHEM103 and CHEM104 are *non-integrated* courses (i.e. not integrated with BISC207 and BISC208 respectively); whereas CHEM107 and CHEM108 are *integrated* with BISC207 and BISC208 respectively. Therefore, some sections of BISC207 and BISC208 are integrated and some sections are non-integrated, as denoted in the Registration Book: <http://www1.udel.edu/registrar/course-info-registration/class-listing-archive.html> You cannot register for an integrated section of BISC207 or BISC208 unless you also sign up for CHEM103 or CHEM104, respectively. If you would like to take ONLY BISC207 or BISC208, you must choose a non-integrated section. However, please be aware that CHEM103 is a corequisite of BISC207 and CHEM104 is a corequisite of BISC208.

If you choose to take CHEM and BISC integrated, you cannot drop one of the courses- you must complete them both. If you need to drop, you will have to drop both courses. However, changing one course to pass/fail or audit status may be an option.

### Course suffixes to be aware of:

(ENGL110010 ← Suffix consists of the last three numbers)

- 3xx – class is taught in Dover, DE; not for traditional students
- 410 – class is taught in Wilmington, DE; not for traditional students
- 440 – Continuing Education; not for fully matriculated students
- 5xx – taught in Georgetown, DE; not for traditional students
- 7xx – taught in Wilmington, DE; not for traditional students
- 080, 081, etc. – honors courses for students in the Honor's Program only
- 194/195 – online courses

### Problems enrolling in a class:

- Read the “notes” associated with a class. Some sections are reserved for certain majors/minors or for juniors/seniors only.
- Check the prerequisites and restrictions for that course  
(<https://udapps.nss.udel.edu/CoursesSearch/>)
- If you are certain you should be able to register in a BHAN, NTDT, or HLPR course but are unable to, please contact your advisor Emily Lodyga (last names A-M; [elodyga@udel.edu](mailto:elodyga@udel.edu)) or Sue Coffing (last names N-Z; [scoffing@udel.edu](mailto:scoffing@udel.edu)); be sure to include your student number and explain your situation.
- If you are unable to register in a course with other prefixes (e.g., BISC, CHEM, KAAP, etc.) you must contact that particular department for assistance.

## GLOSSARY OF ACADEMIC INFORMATION

**ABSENCE FROM CLASS** – The responsibility for defining attendance expectation is left to the individual faculty member, subject to the guidelines presented in the Faculty Handbook as given below:

Absences on religious holidays listed in University calendars is recognized as an excused absence. Nevertheless, students are urged to remind the instructor of their intention to be absent on a particular upcoming holiday.

Absences on religious holidays not listed in University calendars, as well as absences due to athletic participation or other extracurricular activities in which students are official representatives of the University, shall be recognized as excused absences when the student informs the instructor in writing during the first two weeks of the semester of these planned absences for the semester. Absences due to similar events, which could not have been anticipated earlier in the semester, will be recognized as excused absences upon advance notification of the instructor.

Absences due to serious illness or death within a student's family are recognized as excused absences. To validate such absences, the student should present evidence to the Dean's Office of his or her college. The Dean's Office will then provide a letter of verification to all of the student's instructors for the term.

Absences due to serious illness (e.g. hospitalization, surgery, or protracted medical illness or convalescence) shall also be recognized as excused absences. To validate such absences, the student should present evidence of the illness to the Dean's Office of his or her college. Supportive evidence will be provided on the student's request by the Student Health Service directly to the respective Deans.

For relatively minor, short-term illness of students (e.g. cold and flu, where attendance in class is undesirable) or their immediate family, the University system depends upon reasonable communication between students and faculty. If possible, students should report such illnesses before the affected class, following the directions of the instructor provided at the start of the term. Further information regarding excused and unexcused absences can be found in the University of Delaware Official Student Handbook.

**ACADEMIC DISMISSAL** – A student will be dismissed when their cumulative grade point average falls below a certain level, depending on the number of credits they have earned. The chart for academic dismissal can be found in the Undergraduate catalog. Readmission for any student will occur when the student's cumulative grade point average reaches a 2.0.

**ACADEMIC LOAD** – A typical course load for a full-time student consists of four or five courses. Although 12 semester hours per semester represents a minimum full time load, students wishing to graduate in four years need to carry an average of at least 15 hours per semester. Students employed more than 20 hours per week are urged not to attempt a full-time academic load.

**ACADEMIC HONESTY** – The College of Health Sciences and the University considers academic honesty an integral component of the educational process. You are expected to exercise integrity when completing quizzes, examinations, class assignments, research, papers and projects. As stated in the Faculty Handbook: *To falsify the results of one's research, to steal the words or ideas of another, to cheat on an examination or to allow another to commit an act of academic dishonesty corrupts the essential process by which knowledge is advanced.*

It is the official policy of the University of Delaware that all acts or attempted acts of alleged academic dishonesty be reported to the Dean of Students Office. At the faculty member's discretion and with the concurrence of the student or students involved, some cases, though reported to the Dean of Students Office, may be resolved within the confines of the course. All others will be adjudicated within the Undergraduate Student Judicial System. Additional information regarding academic dishonesty and guidelines for cases of academic dishonesty is published in the University of Delaware catalog.

**ADVANCED PLACEMENT** – Students may be granted credit through the Advanced Placement Program for scores of 3, 4 or 5. Students should have test results sent to the Admissions Office for interpretation. Advanced Placement earned in this manner by entering freshmen or transfers will be counted toward or will fulfill university or department degree requirements.

**APPEAL OF GRADE** – Students who feel a grade has been assigned unfairly have the right to appeal by the following procedures:

1. The grade is first discussed with the instructor
2. An appeal is made to the department chair
3. The appeal is presented to a committee of faculty members
4. If resolution is not met, the chair of the department will forward a recommendation to the appropriate dean.

**ATTENDANCE** – Students are expected to attend class for the courses in which they are registered. Students are obligated to fulfill course assignments, including those that can only be fulfilled in class.

**CATALOG** – The Undergraduate Catalog represents the contract between students and the university. Students may elect to graduate under the provisions of the catalog in effect at the time of admission or under the provisions of a subsequent catalog if the student has been enrolled in a continuous progression from admission to receipt of degree. Students are responsible for knowing the rules, regulations, and policies that are stated in the catalog provide at the time of enrollment. This document acts as the final authority when policy decisions are in question.

**CHANGE IN ACADEMIC RECORDS** – Students who feel their academic record is inaccurate or should be altered because of unusual or extenuating circumstances can petition to the University's Committee on Undergraduate Records and Certification (CURC). The written petition should be submitted to the Assistant Dean of the College and should include: a clarification of the change that is being requested, the rationale for the request and documentation which supports the request. The specific guidelines can be found in the Assistant Dean's Office.

**CHANGE IN GRADUATION DATE** – To receive appropriate information from the College and University regarding advisement and graduation, it is your responsibility to make any needed change in your expected graduation date through UDSIS. It is critical that your expected term of completion be accurate!

**CHANGE OF NAME AND ADDRESS** – To receive information from the College and the University regarding registration, advisement, and graduation, it is your responsibility to notify the University of any changes in your name and address. Changes should be processed through UDSIS.

## **CHANGE IN REGISTRATION –**

Weeks 1 and 2: Tuition is charged for those courses in which the student is registered at the end of the second week. No tuition rebate is given if a student withdraws after this time. This includes dropping or adding a course, as well as changing status to Pass/Fail or Audit. If another course is added after the second week, additional tuition is charged. All changes are handled through UDSIS.

Weeks 3-8: To drop a course during this period, students should use UDSIS. A grade of “W” will appear on the transcript. To add a course during this period, students must process a change of registration form with the signatures of the instructor and Dean. To change to Pass/Fail or Audit status during this period, students must go to UDSIS.

Weeks 9-14: During this period, a student’s registration status cannot be changed without the Dean’s approval. Dean’s approval is granted only when non-academic extenuating circumstances exist, i.e. serious illness, emotional difficulties or a family crisis. Documentation by a physician or counseling professional must be presented when requesting Dean’s approval. Dean’s approval will not be given because of failing grades, circumstances resulting from a change of major, or student error in registration.

NOTE: Special Sessions (Winter/Summer) follow a different schedule.

**CLASS STANDING** – Undergraduates are classified as following (based on number of credits):

Freshman	0 - 27 credits
Sophomore	28 – 59 credits
Junior	60 – 89 credits
Senior	90 or more credits

**COMPLAINTS AND GRIEVANCES** – The Faculty Handbook defines student complaints and the procedures students should follow if they have a complaint against a faculty member. The Handbook defines a student’s complaints as follows:

Grade complaints: a claim that an inappropriate grade has been assigned because of a faculty member’s bias or because a faculty member’s failure to follow announced standards for assigning grades but not because of a faculty member’s alleged erroneous academic judgment (i.e., not a claim that courses standards are too high, reading is too heavy, the grade curve too low, etc.).

Other complaints: a claim of abuse, ill treatment, or exploitation involving the irresponsible or unjust misuse of the instructor’s position of authority, power, and trust (e.g. pointed sexist or racist slurs and sexual or pecuniary blackmail).

**COURSE REPEAT** – Students are permitted to repeat a course at any time. When a course is repeated, the following conditions apply:

- All hours count towards probation, suspension, or dismissal (if grades are a “C- “or below)
- The transcript will show both the original and repeat grades
- Only one grade per course may be presented for degree clearance
- Credits may only count once towards degree requirements

**COURSE SUBSTITUTION** – If you feel it is appropriate to substitute another course for a course that is a required part of an academic program, you should consult your academic advisor. Your advisor can initiate the course substitution process if he/she feels it is warranted and does not jeopardize the intent of the academic program.

**DEAN'S LIST** – Students who take at least 12 credit hours in a semester and earn a grade point average of 3.333 or higher for courses attempted that semester merit placement on the Dean's List.

**DEGREE AUDITS (Senior Checkout)** – The Student Progress Report in UDSIS gives students an up-to-date record of how many credit hours have been earned and what is remaining to complete. Students should check this report routinely as they progress through their program.

**GRADE POINT AVERAGE (GPA)** – The average of all the earned grades attempted at the university. The grade point average is computed by dividing the total number of quality points by the total number of hours attempted. Work taken by students at another institution is not included in the grade point average.

**GRADUATING WITH HONORS** – Graduating with a high cumulative index does not necessarily mean the student will receive honors. This determination is made by taking the entire graduating class into account. The percentage breakdown is as follows: Summa – Top 1% of graduating class, minimum GPA 3.75. Magna- next 4% of graduating GPA; minimum GPA 3.5. Cum laude- next 8% of graduating class; minimum GPA 3.25.

**INCOMPLETE ("I") GRADE** – A temporary grade given students who, although passing a course, are unable to complete all the coursework on schedule. All requirements must be completed by the second week of the next semester and instructors must turn in the regular grade at that time. If the work is not done, the mark of ("I") is changed by the Registrar to an ("F"). An incomplete grade is considered unsatisfactory until it is replaced.

**INDEPENDENT STUDY** – Credits earned by working on an independent research or reading project supervised by a faculty member. See your department for more information.

**LISTENER** – Students are allowed to change his or her course from standard grading or pass/fail to Listener ("L") during the semester. Changes to "Listener" status requires the student to attend class but do not have to do assignments and take exams. See also CHANGE IN REGISTRATION.

**MATH PLACEMENT EXAM** – Successful completion of this exam is required for new students; this placement exam is used to determine the level of Math in which the student should be placed.

**MINORS** – Students may elect minor programs in addition to their major field of study. Minors require a minimum of 15 hours; a listing of minors can be found in the Undergraduate Catalog and on the University Web Site. Check with the individual department for updated information.

**OVERLOAD** – A course load in excess of 17 hours must be approved by the student's Academic Dean. Additionally, credits in excess of 17 credit hours will incur additional tuition fees.

**PART-TIME** – The status of a student registered for fewer than twelve credits during a regular semester.

**PASS/FAIL GRADE OPTION** – Undergraduate students may elect to take one course on a pass/fail basis each semester. This course can only be used as a free elective for the student. Students are encouraged to consult with, and obtain approval of, their advisors in the selection of courses to be taken under this option. The total number of credits taken on a pass/fail basis may not exceed 24 in any program, excluding courses that are graded pass/fail only

**PREREQUISITE** – A course that must be completed prior to taking another course.

**PROBATION** – Students receive an academic warning at the end of any academic period in which their overall grade point average falls below a 2.0. Students who fall below a 2.0 also receive deficit points; deficit points can only be eliminated by receiving grades of “C+” or better. Only courses/credits taken at the University of Delaware can be used to reduce deficit points.

**QUALITY HOURS** – The sum of all hours earned in courses in which a student is awarded a letter grade of A through F. Quality hours are used as the denominator when determining a student’s grade point average and cumulative index.

**QUALITY POINTS** – The numerical value assigned to a letter grade per credit hour. Quality points are used as the numerator when determining a student’s grade point average and cumulative index.

**QUALITY POINT DEFICIT** – A student with a cumulative index below 2.0 will have a quality point deficit. The quality point deficit may be determined by subtracting the cumulative number of quality points from twice the cumulative number of quality hours.

**READING DAY** – Usually the day before final exams when no exams or classes are scheduled. There also can be Reading Days scheduled during the week of final exams.

**REGISTRATION** – The University has registration periods each semester. UDSIS registration for the following semester begins around the ninth or tenth week of the semester for all enrolled students. Students are given an “appointment” time and are encouraged to make course selections at that specific time. Appointment times are given based on the number of credit hours earned. The appointment time represents the earliest opportunity for you to select courses in UDSIS.

**RESIDENCY REQUIREMENT** – Each student must complete either 90 of the first 100 credits, or 30 of the last 36 credits at the University of Delaware to satisfy graduation requirements.

**STUDENT PROGRESS REPORT** – The Student Progress Report in UDSIS gives students an up-to-date record of how many credit hours have been earned and what is remaining to complete. Students should check this report routinely as they progress through their program.

**SYLLABUS** – A syllabus is the faculty/student contract in any given course. The syllabus contains the semester plan for the course, as well as when assignments are due, when tests are given, and policies regarding grading and attendance. This is an important document and students should always keep this in their possession for future reference during the semester.

**TRANSCRIPT** – An official copy of student’s academic records. Transcripts (official and unofficial) are available through the Registrar’s Office in the University Visitor’s Center.

**TRANSFER CREDIT** – The University of Delaware permits matriculated students to complete classes at another accredited institution if the department offering an equivalent class approves the course work. To assure the transfer of credits to the University, students should visit the Transfer Matrix found at <https://udapps.nss.udel.edu/transfercredit/> and follow the prompts for state and school. If you find a corresponding course, please complete a Transfer Credit Equivalency (TCE) Form and submit it to the College of Health Science Academic Dean’s Office. A formal review will be made by the Academic Dean for final approval. For a form and additional questions, please contact request your Academic Advisor

**TUTORING** – Tutoring is available in the Academic Enrichment Center located at 148-150 S. College Avenue. Students may attend free group sessions or request individual session. Please note individual sessions require a nominal fee. For hours and information, please visit: <http://www.ae.udel.edu/>

## **WITHDRAWAL/LEAVE OF ABSENCE**

### **A. Withdrawals Processed Before the Academic Penalty Deadline**

Students withdrawing prior to the beginning of the Fall or Spring semesters or prior to the Academic Penalty Deadline (the eighth week of the semester) may do so without academic penalty by filling out the Withdrawal/Leave Notification Form through the Dean's Office, 205 McDowell Hall or the Dean of Students Office, 218 Hullihen Hall.

### **B. Withdrawals Processed After the Academic Penalty Deadline**

Withdrawals and leaves after the Academic Penalty Deadline (the eighth week of the semester) require permission from the assistant/associate dean of the student's college. To initiate this process, the student should make an appointment with his/her assistant dean. The dean's approval is granted only when non-academic extenuating circumstances exist, i.e. serious illness, emotional difficulties or an emotional crisis. Documentation by a physician or a counseling professional must be presented when requesting the dean's approval. The dean's approval will not be given because of failing grades, circumstances resulting from a change of major or a student error in registration.

### **C. Medical Leave of Absence**

A matriculated undergraduate student who needs to discontinue his/her studies for medical reasons (e.g. surgery, pregnancy, illness, rehabilitation, and other health-related circumstances) can request a Medical Leave of Absence directly from the assistant/associate dean of the college in which he/she is enrolled. Contact the College of Health Sciences Dean's Office, 205 McDowell Hall, for further information.

### **D. Academic Leaves of Absence**

Undergraduate students who wish to engage in activities related to their educational objectives that require them to discontinue registration at the University for a period not to exceed one year may be eligible upon approval of the assistant/associate dean of their college for an Academic Leave of Absence. Students should consult with their college's assistant/associate dean regarding appropriate procedures to be followed in order to be granted an Academic Leave of Absence.

**"X" GRADE** – A grade received for academic dishonesty. This grade is counted the same way an F would count towards the cumulative average.

**"Z" GRADE** – A grade received when a student fails to officially withdraw from a course. This grade is counted exactly the same way that an F would count towards the cumulative average

# University of Delaware

## Two-Year Undergraduate Condensed Academic Calendar: 2016-2018

(Complete Academic Calendar available at: [www.udel.edu/registrar/cal](http://www.udel.edu/registrar/cal))

<b>Fall</b>	<b>2016 Fall Term</b>		<b>2017 Fall Term</b>	
First Day of Classes/Beginning of Drop/Add	Tue	August 30	Tue	August 29
Labor Day - Classes Suspended	Mon	September 5	Mon	September 4
Last day to register or add courses	Tue	September 13	Tue	September 12
Deadline for midterm grades to be posted to UDSIS	Fri	October 14	Fri	October 13
Last day to change registration or withdraw from courses	Tue	October 25	Tue	October 24
Registration begins for Winter Session	Mon	October 31	Mon	October 30
Registration begins for Spring Semester	Mon	November 7	Mon	November 6
Election Day - Classes Suspended	Tue	November 8		N/A
Thanksgiving Break - Classes Suspended	Mon-Fri	November 21-25	Mon-Fri	November 20-24
Last Day of Classes	Fri	December 9	Fri	December 8
Reading day	Sat, Sun	December 10, 11	Sat, Sun	December 9, 10
Final Examinations begin	Mon	December 12	Mon	December 11
Final Examinations end	Sat	December 17	Sat	December 16
Deadline for fall semester grades to be posted to UDSIS	Wed	December 21	Wed	December 20
<b>Winter</b>	<b>2017 Winter Session</b>		<b>2018 Winter Session</b>	
First Day of Classes/Beginning of Drop/Add (5 week classes)	Tue	January 3	Wed	January 3
Last day to register or add courses (5 week classes)	Fri	January 6	Mon	January 8
First Day of Classes/Beginning of Drop/Add (4 week classes)	Mon	January 9	Mon	January 8
Last day to register or add courses (4 week classes)	Thur	January 12	Thur	January 11
Martin Luther King Holiday - Classes Suspended	Mon	January 16	Mon	January 15
Last day to change registration or withdraw from courses (5 week classes)	Mon	January 23	Mon	January 22
Last day to change registration or withdraw from courses (4 week classes)	Tue	January 24	Tue	January 23
Last Day of Classes	Fri	February 3	Fri	February 2
Final Examinations	Sat	February 4	Sat	February 3
Deadline for winter session grades to be posted to UDSIS	Wed	February 8	Wed	February 7
<b>Spring</b>	<b>2017 Spring Term</b>		<b>2018 Spring Term</b>	
First Day of Classes/Beginning of Drop/Add	Mon	February 6	Mon	February 5
Last day to register or add courses	Mon	February 20	Mon	February 19
Deadline for midterm grades to be posted to UDSIS	Fri	March 24	Fri	March 23
Spring recess begins after last scheduled class	Fri	March 24	Fri	March 23
Classes resume after Spring Break - 8AM	Mon	April 3	Mon	April 2
Registration begins for Summer Session	Mon	April 3	Mon	April 2
Last day to change registration or withdraw from courses	Mon	April 10	Mon	April 9
Registration begins for Fall Semester	Thur	April 20	Thur	April 19
Last Day of Classes	Tue	May 16	Tue	May 15
Reading Day	Wed	May 17	Wed	May 16
Final Examinations begin	Thur	May 18	Thur	May 17
Reading Day	Sat, Sun	May 20, 21	Sat, Sun	May 19, 20
Final Examinations end	Thur	May 25	Thur	May 24
Honors degree ceremony, doctoral hooding and some college convocations	Fri	May 26	Fri	May 25
Commencement	Sat	May 27	Sat	May 26
Memorial Day observed	Mon	May 29	Mon	May 28
Deadline for Spring session grades to be posted to UDSIS	Tue	May 30	Tue	May 29
<b>Summer</b>	<b>2017 Summer Session</b>		<b>2018 Summer Session</b>	
<b>First Summer Session - 5 week - classes begin</b>	Mon	June 5	Mon	June 4
Last day to register or add courses	Thur	June 8	Thur	June 7
Last day to change registration or withdraw from courses	Thur	June 22	Thur	June 21
July 4th - Classes Suspended	Tue	July 4	Wed	July 4
Last Day of Classes	Fri	July 7	Fri	July 6
Final Exams	Sat	July 8	Sat	July 7
Deadline for 1st summer session (5 week) grades to be posted to UDSIS	Wed	July 12	Wed	July 11
<b>First Summer Session - 7 1/2 week - classes begin</b>	Mon	June 5	Mon	June 4
Last day to register or add courses	Thur	June 8	Thur	June 7
Last day to change registration or withdraw from courses	Mon	July 3	Mon	July 2
July 4th - Classes Suspended	Tue	July 4	Wed	July 4
Last Day of Classes (Mon/Wed)	Mon	July 24	Mon	July 23
Last Day of Classes (Tue/Thur)	Tue	July 25	Tue	July 24
Final Exams (Mon/Wed)	Wed	July 26	Wed	July 25
Final Exams (Tue/Thur)	Thur	July 27	Thur	July 26
Deadline for 1st summer session (7 1/2 week) grades to be posted to UDSIS	Mon	July 31	Mon	July 30
<b>Second Summer Session - classes begin</b>	Mon	July 10	Mon	July 9
Last day to register or add courses	Thur	July 13	Thur	July 12
Last day to change registration or withdraw from courses	Thur	July 27	Thur	July 26
Last Day of Classes	Thur	August 10	Thur	August 9
Final Exams	Fri	August 11	Fri	August 10
Deadline for 2nd summer session grades to be posted to UDSIS	Tue	August 15	Tues	August 14

# Undergraduate Student Services

The faculty and staff in the college are committed to student success and provide assistance to students as they pursue their academic endeavors. Students are assigned faculty and/or professional advisors who have expertise and knowledge in their fields of study.

In the Dean's Office, the Assistant Dean and Academic Program Manager provide additional problem solving and assistance to students as they progress through their academic plan, as well as providing support to faculty and departmental staff in their roles as advisors.

Some examples of how we support students:

- Answering questions and discussing options if you are having academic or personal difficulties
- Troubleshooting scheduling conflicts and late registration
- Providing excused absence notifications to faculty
- Clarifying academic policies/regulations
- Approving transfer credit evaluations
- Working closely with academic departments and the Registrar's Office on degree audits
- Coordinating the senior checkout process and certifying degree clearance
- Providing information about changing/adding majors or minors
- Interpreting transfer credit reports and degree audits
- Approving credit overloads and online courses

Our Staff:

Assistant Dean: Catherine Stoner, M.Ed.

Academic Program Manager: Debbie Allen, M.S.

Staff Assistant: Randee Tobin

Phone: 302-831-8073

Fax: 302-831-3490

Email: [chs-advise@udel.edu](mailto:chs-advise@udel.edu)

\*If you have a question and are not sure where to go, we are happy to help.

## University of Delaware Resource Directory

Resource...	What They Do...
<p><b>Career Services Center (CSC)</b>            Website: <a href="http://www.udel.edu/CSC">www.udel.edu/CSC</a>            Location: Bank of America Career Services Center            401 Academy Street            Phone: 831-2392            Fax: 831-1452</p>	<p>Assists University of Delaware students and alumni by providing information about:</p> <ul style="list-style-type: none"> <li>• Internships</li> <li>• Career Exploration and Job Fairs</li> <li>• Day on the Job program</li> <li>• The Career Library</li> <li>• Interview and Resume skills</li> <li>• Part-time job listings</li> <li>• A full range of interest and personality inventories, values clarification instruments, and computerized career decision-making programs</li> </ul> <p><i>Advice: A great place to go when undecided or considering change of major or career options.</i></p>
<p><b>Center for Counseling and Student Development (CCSD)</b>            Website: <a href="http://www.udel.edu/Counseling">www.udel.edu/Counseling</a></p> <p>Counseling Services:            Location: 261 Perkins Student Center            Phone: 831-2141            Fax: 831-2148</p> <p>Psychiatric Services:            Location: 209 Laurel hall            Phone: 831-8992            Fax: 831-4258</p>	<p>Some of the services that the Center for Counseling and Student Development offers are:</p> <ul style="list-style-type: none"> <li>• Individual and Group counseling</li> <li>• A Career Library</li> <li>• Student Development programs and workshops</li> <li>• A full range of interest and personality inventories, values clarification instruments, and computerized career decision-making programs</li> </ul> <p>Interviews conducted by psychologists and/or psychiatrists are confidential and information about those interviews is not released without a student's written request (or as may be required by law).</p> <p><i>Advice: A resource to use when experiencing personal difficulties like anxiety, depression, or dealing with an unexpected life event, etc.</i></p>
<p><b>Information Technologies (IT) IT Support Center</b>            Website: <a href="http://www.udel.edu/help">www.udel.edu/help</a>            Phone: 831-6000</p>	<p>The IT Help Center is the heart of consulting services for students with questions about email, internet access, hardware, software, voice mail, or any other information technology at the University.</p>
<p><b>Math Tutorial Lab</b>            Website:  <a href="http://www.math.udel.edu/resources/ugrad/tutorial_site.html">www.math.udel.edu/resources/ugrad/tutorial_site.html</a>            Location: 106 Ewing Hall            Phone: 831-2653</p>	<p>The Math Tutorial Lab provides tutorial support for many introductory math courses. This includes tutorial assistance in Math 010, Math 114, Math 115, Math 117, Math 221 and Math 241. The lab is staffed by qualified undergraduate students and math graduate students. Resources include previously administered exams, answer textbooks and a variety of math textbooks focusing on algebra and pre-calculus.</p> <p><i>Advice: For some, Math comes easy; for others, not so much. Don't be afraid to seek tutoring if you are struggling or just not getting it.</i></p>
<p><b>Office for International Students and Scholars (OISS)</b>            Website: <a href="http://www.udel.edu/oiss">www.udel.edu/oiss</a>            Location: 44 Kent Way            Phone: 831-2115</p>	<p>The Office of International Students and Scholars (OISS) assists international students with adjustment to life in the United States and to academic life at UD. They provide guidance on academic regulations pertaining to visa status and can connect students to the resources they need while here at the University.</p>

<p><b>Office of Academic Enrichment (OAE)</b>  Website: ae.udel.edu  Location: 148-150 South College Avenue  Phone: 831-4555</p>	<p>Contact the Office of Academic Enrichment for more information about the following services:</p> <ul style="list-style-type: none"> <li>• Tutorial Services (Group and Individual)</li> <li>• The Student Support Services Program</li> <li>• Academic Workshops (Time Management, Note-taking, Test-taking, Reading Strategies, and Preparing for Finals)</li> </ul> <p><i>Advice: Use their resources to become a better student (even if you aren't having any particular difficulty in classes) especially to develop stronger study skills or to improve study habits.</i></p>
<p><b>Office of Disability Support Services (DSS)</b>  Website: www.udel.edu/DSS/  Location: 240 Academy Street, Alison Hall Suite 130  Phone: 831-4643 (Voice)  831-3261 (Fax)  831-4563 (TDD)</p>	<p>The Office of Disability Support Services (DSS) is designed to provide equal educational opportunities for students with physical, medical or psychological disability, as well as a learning disability or ADHD. Students are encouraged to register with DSS upon entering the University and to work with their DSS counselor throughout their time at UD.</p> <p><i>Advice: Even if you have not been diagnosed with a disability, you may want to contact DSS about any difficulties or accommodations you may need.</i></p>
<p><b>Office of Student Financial Services (SFS)</b>  Website: www.udel.edu/finaid/  Location: Student Services Building, 30 Lovett Avenue  Phone: 831-2126  General Fax: 831-4334  Verification Fax: 831-3041</p>	<p>In addition to providing financial aid counseling, Student Financial Services provides guidance on financing the cost of a University of Delaware education through private student and parent loans, as well as disseminate information regarding charges on your student bill, payment plans, and the interworking of federal student aid.</p> <p><i>Advice: Whenever making changes to your student schedule if you are adding or reducing credits to below full-time, consult with this office first to understand if there are any adverse financial implications.</i></p>
<p><b>Office of the Dean of Students</b>  Website: www.udel.edu/studentlife/deanofstudents.html  Location: 101 Hullahen Hall  Phone: 831-8939  Email: DeanofStudents@udel.edu</p>	<p>The Office of the Dean of Students assists students having difficulties due to reasons beyond their control, whether they are medical, emotional, psychological, familial, or financial in nature.</p> <p><i>Advice: If you have a question, a concern, or a problem to solve and you are not sure where to begin, the Office of the Dean of Students is a great place to start.</i></p>
<p><b>Public Safety</b>  Website: www.udel.edu/publicsafety  Location: 413 Academy Street  Phone: 911  831-2222 Non-emergency police and general information  Blue Light Phones: Pick up any blue light phone on campus and you will be connected directly to the University Police Dispatcher.  Email: publicsafety@udel.edu</p>	<p>The University of Delaware Department of Public Safety works to create an environment where people can feel safe to learn, work, live and visit and is committed to providing quality service and protection to the entire University community</p> <p><i>Advice: Public Safety provides a free walking escort service for students, staff and faculty to or from any University property or contiguous street, and specific areas off campus that immediately border the Hen after Ten bus route (see MAP) . This service is available during the hours of darkness every night of the week. To arrange for an escort call 831-6666 or use one of the over 200 blue light emergency phones located throughout campus.</i></p>
<p><b>Student Health Services (SHS)</b>  Website: www.udel.edu/studenthealth  Location: 282 The Green  Laurel Hall  Phone: 831-2226</p>	<p>Student Health Services provides out-patient medical services for all undergraduate and graduate students. The SHS is staffed by well-trained and fully licensed physicians, nurse practitioners, nurses, and technical staff. Physicians are Board-certified, Board-eligible or fellowship-trained in the following specialties: adolescent medicine, sports medicine, family practice, pediatrics and gynecology. The nursing staff includes nurse practitioners and ANA-certified college health</p>

	nurses.
<p><b>Undergraduate Student Services (USS)</b>  <b>College of Health Sciences</b>  Website: <a href="http://www.udel.edu/chs/studentsservices">www.udel.edu/chs/studentsservices</a>  Location: 205 McDowell Hall  Phone: 831-8073  Fax: 831-3490  Email: <a href="mailto:chs-advise@udel.edu">chs-advise@udel.edu</a></p> <p><b>Hours:</b> M-F 8:00am-4:30pm, <i>Closed</i> 12:00-1:00pm  <b>Walk-in Hours:</b> MW 1:00-4:00pm, F 8:30-11:30am</p>	<p>Undergraduate Student Services is the central source of academic information for all students and faculty in the College of Health Sciences. Some examples of how we support students:</p> <ul style="list-style-type: none"> <li>• Answering questions and discussing options if you are having academic or personal difficulties</li> <li>• Troubleshooting scheduling conflicts and late registration</li> <li>• Providing excused absence notifications to faculty</li> <li>• Clarifying academic policies/regulations</li> <li>• Approving transfer credit evaluation forms</li> <li>• Working closely with academic departments and the Registrar's office on degree audits</li> <li>• Coordinating the senior checkout process and certifying degree clearance</li> <li>• Providing information about changing/adding majors or minors</li> <li>• Interpreting transfer credit reports and degree audits</li> <li>• Approving credit overloads and online courses</li> </ul> <p><i>Advice: If you experience academic or personal difficulties, or just having "adjustment to college" issues, contact the office of Undergraduate Student Services. You can schedule an appointment or come during our walk-in hours.</i></p>
<p><b>University Writing Center</b>  Website: <a href="http://www.english.udel.edu/wc">www.english.udel.edu/wc</a>  Location: 016 Memorial Hall  Phone: 831-1168  Email: <a href="mailto:writing-center@udel.edu">writing-center@udel.edu</a></p>	<p>The primary purpose of the University Writing Center is to provide students with individualized instruction in writing. Students at any level and from any discipline may attend the Center free of charge. The Writing Center staff are experienced full-time and part-time faculty and teaching assistants from the English Department.</p> <p><i>Advice: A great place to go to get help to improve your writing skills.</i></p>

## Faculty and Staff Contact Information

<p><b>Dr. Sandra D. Baker</b> Assistant Chair &amp; Instructor 032 Carpenter Sports Bldg. 302-831-0856 <a href="mailto:bakers@udel.edu">bakers@udel.edu</a></p>	<p><b>Dr. Greg Dominick</b> Assistant Professor 012 Carpenter Sports Bldg. 302-831-3672 <a href="mailto:gdominic@udel.edu">gdominic@udel.edu</a></p>	<p><b>Dr. Marie F. Kuczmariski</b> Professor 206C McDowell Hall 302-831-8765 <a href="mailto:mfk@udel.edu">mfk@udel.edu</a></p>
<p><b>Dr. David A. Barlow</b> Associate Professor Director, CAS Medical Scholars Director, Center for Premedical &amp; Health Profession Studies 401 Academy Street 302-831-3030 <a href="mailto:barlow@udel.edu">barlow@udel.edu</a></p>	<p><b>Dr. Cheng-Shun (Richard) Fang</b> Associate Professor 022 Carpenter Sports Bldg. 302-831-1020 <a href="mailto:rfang@udel.edu">rfang@udel.edu</a></p>	<p><b>Anja Leefeldt</b> Clinical Instructor 042 Carpenter Sports Bldg. 302-831-4989 <a href="mailto:aleef@udel.edu">aleef@udel.edu</a></p>
<p><b>Dr. Janice M. Bibik</b> Associate Professor 014 Carpenter Sports Bldg. 302-831-3537 <a href="mailto:pirwet@udel.edu">pirwet@udel.edu</a></p>	<p><b>Dr. Stephen C. Goodwin</b> Associate Professor 024 Carpenter Sports Bldg. 302-831-4451 <a href="mailto:goody@udel.edu">goody@udel.edu</a></p>	<p><b>Dr. Laura Lessard</b> Assistant Professor 017 Carpenter Sports Bldg. 302-831-6587 <a href="mailto:llessard@udel.edu">llessard@udel.edu</a></p>
<p><b>Dr. Sheau Ching Chai</b> Assistant Professor 030 Carpenter Sports Bldg. 302-831-7345 <a href="mailto:scchai@udel.edu">scchai@udel.edu</a></p>	<p><b>Andrea Grim</b> Clinical Instructor 034 Carpenter Sports Bldg. 302-831-8611 <a href="mailto:agrim@udel.edu">agrim@udel.edu</a></p>	<p><b>Emily Lodyga</b> Academic Advisor 035 Carpenter Sports Bldg. 302-831-6176 <a href="mailto:elodyga@udel.edu">elodyga@udel.edu</a></p>
<p><b>Susan Coffing</b> Academic Advisor 027 Carpenter Sports Bldg. 302-831-2252 <a href="mailto:scoffing@udel.edu">scoffing@udel.edu</a></p>	<p><b>Dr. Sean Healy</b> Assistant Professor 009 Carpenter Sports Building</p>	<p><b>Dr. Marc Lodyga</b> Assistant Professor, Instruction 013 Carpenter Sports Bldg. 302-831-6670 <a href="mailto:mlodyga@udel.edu">mlodyga@udel.edu</a></p>
<p><b>Sharon Collison</b> Clinical Instructor Nurse Managed Primary Care 540 S. College Avenue Suite 130 302-831-3195 <a href="mailto:scolliso@udel.edu">scolliso@udel.edu</a></p>	<p><b>Carrie G. Johns</b> Administrative Assistant III 004 Carpenter Sports Bldg. 302-831-8729 <a href="mailto:cbonnett@udel.edu">cbonnett@udel.edu</a></p>	<p><b>Dr. Michael J. Mackenzie</b> Assistant Professor 010 Carpenter Sports Bldg. 302-831-8974 <a href="mailto:mmackenz@udel.edu">mmackenz@udel.edu</a></p>

<p><b>Tory McHugh</b>          Advising Assistant          004 Carpenter Sports Bldg.          302-831-2079  <a href="mailto:victoria@udel.edu">victoria@udel.edu</a></p>	<p><b>Dr. Shannon M. Robson</b>          Assistant Professor          308 McDowell Hall          302-831-6674  <a href="mailto:robson@udel.edu">robson@udel.edu</a></p>	
<p><b>Karen Murphy</b>          Business Administrator I          026 Carpenter Sports Bldg.          302-831-2265  <a href="mailto:kmurphy@udel.edu">kmurphy@udel.edu</a></p>	<p><b>Alisha Rovner</b>          Assistant Professor          038 Carpenter Sports Bldg.          302-831-2265  <a href="mailto:arovner@udel.edu">arovner@udel.edu</a></p>	
<p><b>Dr. Iva Obrusnikova</b>          Associate Professor          016 Carpenter Sports Bldg.          302-831-8032  <a href="mailto:obrusnik@udel.edu">obrusnik@udel.edu</a></p>	<p><b>Beth Schwenk</b>          Dietetic Internship Site          Supervisor, Clinical Instructor          040 Carpenter Sports Bldg.          302-831-3538  <a href="mailto:bschwenk@udel.edu">bschwenk@udel.edu</a></p>	
<p><b>Dr. Elizabeth M. Orsega-Smith</b>          Associate Professor          011 Carpenter Sports Bldg.          302-831-6681  <a href="mailto:eosmith@udel.edu">eosmith@udel.edu</a></p>	<p><b>Dr. Christine Skubisz</b>          Assistant Professor          023 Carpenter Sports Bldg.</p>	
<p><b>Dr. Carly Pacanowski</b>          Assistant Professor          Carpenter Sports Building          302-831-1109  <a href="mailto:cpacanow@udel.edu">cpacanow@udel.edu</a></p>	<p><b>Dr. Kelebogile Setiloane</b>          Associate Professor          029 Carpenter Sports Bldg.          302-831-1560  <a href="mailto:ksetil@udel.edu">ksetil@udel.edu</a></p>	
<p><b>Dr. Freda Patterson</b>          Assistant Professor          019 Carpenter Sports Building          302-831-6588  <a href="mailto:fredap@udel.edu">fredap@udel.edu</a></p>	<p><b>Dr. Jillian Trabulsi</b>          Assistant Professor          304 McDowell Hall          302-831-4991  <a href="mailto:trabulsi@udel.edu">trabulsi@udel.edu</a></p>	
<p><b>Dr. Michael Peterson</b>          Professor &amp; Department Chair          Behavioral Health &amp; Nutrition          025 Carpenter Sports Bldg.          302-831-1014  <a href="mailto:pmpeter@udel.edu">pmpeter@udel.edu</a></p>	<p><b>Kristin Wiens</b>          Clinical Instructor, Foods Lab          Coordinator          036 Carpenter Sports Bldg.          302-831-1367  <a href="mailto:kwuens@udel.edu">kwuens@udel.edu</a></p>	

# University of Delaware Department of Behavioral Health and Nutrition

## BACHELOR OF SCIENCE: APPLIED NUTRITION 2017-2018

Enter Fall 2017 - Graduate Spring 2021  
Minimum Credits to Graduate: 120

Students intending to apply to the Dietetics major: Please review entry requirements at the Dietetics webpage:  
<http://sites.udel.edu/bhan/dietetics/>

### University Requirements

- \_\_\_\_\_ ENGL110 Seminar in Composition\* (3 credits)
- \_\_\_\_\_ \_\_\_\_\_ Multicultural Course (3 credits) NTDT301 will satisfy both this and an NTDT300/400 elective, but is not a required course in the curriculum. There are other courses that will satisfy the Multicultural requirement.
- \_\_\_\_\_ First Year Experience (FYE; 1-4 credits) UNIV101 fulfills this requirement.
- \_\_\_\_\_ Discovery Learning Experience (DLE; 3 credits) NTDT350 or 460 will satisfy both this and an NTDT300/400 elective, but are not required courses in the curriculum. Other courses, including Study Abroad, satisfy the DLE requirement.

**University Breadth Requirements\*** Students must take breadth courses from **four different subject areas**. NTDT courses cannot fulfill breadth requirements. Go to <http://sites.udel.edu/bhan/breadth-requirements1718/> for a complete list of breadth courses and restrictions:

- \_\_\_\_\_ Creative Arts and Humanities\* (3 credits) \_\_\_\_\_
- \_\_\_\_\_ History and Cultural Change\* (3 credits) \_\_\_\_\_
- \_\_\_\_\_ Social and Behavioral Sciences\* (3 credits) BUAD309, ECON100, ECON101 and/or PSYC100 satisfy this requirement.
- \_\_\_\_\_ Math, Natural Science and Technology\* (3 credits) ANFS305 satisfies this requirement if grade earned is C- or better.

### MAJOR REQUIREMENTS (73-74 credits)

_____ ANFS305	Food Science* (3)	_____ NTDT103	Introduction to Nutrition Professions (1)
_____ BISC106	Elementary Human Physiology* (3) <b>OR</b>	_____ NTDT200	Nutrition Concepts* (3)
_____ BISC276	Human Physiology* (4) (students planning to apply to Dietetics <u>must</u> take BISC276)	_____ NTDT201	Food Concepts* (3)
_____ BISC205	Biology for Health Sciences (4)	_____ NTDT250	Intro to the Nutrition Care Process* (3)
_____ BUAD309	Organizational Behavior (3)	_____ NTDTXXX	Elective 300-level or higher* (3)
_____ CHEM101	or CHEM103 or 107** General Chem (4)	_____ NTDTXXX	Elective 300-level or higher* (3)
_____ CHEM102	or CHEM104 or 108** General Chem (4)	_____ NTDTXXX	Elective 300-level or higher* (3)
_____ CHEM213	Elementary Organic Chemistry (3)	_____ NTDT305	Nutrition in the Life Span* (3)
_____ CHEM215	Elementary Organic Chemistry Lab (1)	_____ NTDT400	Macronutrients* (3)
_____ CHEM214	Elementary Biochemistry* (3)	_____ NTDT401	Micronutrients* (3)
_____ CHEM216	Elementary Biochemistry Lab* (1)	_____ NTDT403	Senior Nutrition Seminar (1)
_____ ECON100	Economic Issues & Policies (3) <b>OR</b>	_____ PSYC100	General Psychology (3)
_____ ECON101	Intro to Microeconomics (3)	_____ SOC1201	Introduction to Sociology (3)
_____ MATH114	College Mathematics & Statistics (3)	_____	Total of 120 credits required to graduate

Please refer to the 2017-18 course catalog at  
[http://catalog.udel.edu/preview\\_program.php?catoid=15&poid=7846&returnto=670](http://catalog.udel.edu/preview_program.php?catoid=15&poid=7846&returnto=670)  
for a complete listing of program requirements.

See other side for suggested program of study.

\* Grade of C- or better required

\*\* Integrated versions of CHEM103 and 104 have been renumbered as CHEM107 and CHEM108, respectively.

# University of Delaware Department of Behavioral Health and Nutrition

## BACHELOR OF SCIENCE: APPLIED NUTRITION 2017-2018

Enter Fall 2017 - Graduate Spring 2021  
Minimum Credits to Graduate = 120

### Suggested Sequence

The term availability for courses listed below is correct for the 2017-18 academic year. However, changes in course availability are possible. Check with your advisor for updated term availability. Prerequisites (PR) and corequisites (CR) listed here are those most commonly taken by students in this major. See catalog for additional PR and CR options.

#### FRESHMAN YEAR

_____	<b>CHEM101</b> or <b>CHEM103</b> or <b>107</b> General Chemistry (103 & 107: CR MATH114 OR ≥ 70 on Math Placement Exam)	4
_____	<b>CHEM102</b> or <b>CHEM104</b> or <b>108</b> General Chemistry (102: PR CHEM101; 104: PR CHEM101, 103 or 107)	4
_____	<b>ECON100</b> or <b>ECON101</b> Economics	3
_____	<b>ENGL110</b> Seminar in Composition*	3
_____	<b>MATH114</b> College Mathematics & Statistics	3
_____	<b>NTDT103</b> Intro to Nutrition Professions (FALL only)	1
_____	<b>NTDT200</b> Nutrition Concepts*	3
_____	<b>SOCI201</b> Introduction to Sociology	3
_____	<b>UNIV101</b> First Year Experience I	1
_____	Breadth or Multicultural or Elective	3
		28

#### SOPHOMORE YEAR

_____	<b>ANFS305</b> Food Science* (SPRING only)	3
_____	<b>BISC205</b> Biology for Health Sciences (CR CHEM 101, 103 or 107; FALL only)	4
_____	<b>CHEM213</b> Elem. Organic Chemistry (PR CHEM102, 104 or 108)	3
_____	<b>CHEM215</b> Elem. Organic Chemistry Lab (CR CHEM213)	1
_____	<b>CHEM214</b> Elem. Biochemistry* (PR CHEM213)	3
_____	<b>CHEM216</b> Elem. Biochemistry Lab* (CR CHEM214)	1
_____	<b>NTDT201</b> Food Concepts*	3
_____	<b>NTDT250</b> Intro to the Nutrition Care Process* (PR NTDT200)	3
_____	<b>PSYC100</b> General Psychology	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
		30

#### JUNIOR YEAR

_____	<b>BISC106</b> (no PR) or <b>BISC276</b> Human Physiology* (PR BISC205, 207 or 208 & CHEM101, 103 or 107; FALL only)	3-4
_____	<b>BUAD309</b> Organizational Behavior	3
_____	<b>NTDT305</b> Nutrition in the Lifespan* (PR NTDT200 and a biology course)	3
_____	<b>NTDT400</b> Macronutrients* (PR NTDT200 & CHEM214/216)	3
_____	<b>NTDT401</b> Micronutrients* (PR NTDT400)	3
_____	<b>NTDT Elective</b> 300-level or higher*	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
		31-32

#### SENIOR YEAR

_____	<b>Discovery Learning Experience (DLE)</b>	3
_____	<b>NTDT Elective</b> 300-level or higher*	3
_____	<b>NTDT Elective</b> 300-level or higher*	3
_____	<b>NTDT Elective</b> 300-level or higher*	3
_____	<b>NTDT403</b> Senior Nutrition Seminar (PR Senior, FALL only)	1
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	1-3
		31-33

**\_\_\_\_\_ Total of 120 credits minimum required for graduation**

\* Grade of C- or better required

# University of Delaware Department of Behavioral Health and Nutrition

## BACHELOR OF SCIENCE: DIETETICS 2017-2018

Enter Fall 2017 - Graduate Spring 2021  
Minimum Credits to Graduate = 120

Students wishing to pursue the Registered Dietitian Nutritionist (R.D.N.) credential will be initially admitted to the Applied Nutrition major. Students can apply to the Dietetics major upon completion of at least 40 credits total, which must include:

**\*NTDT200 \*NTDT250 \*CHEM101/103/107 \*CHEM102/104/108 \*CHEM213 \*CHEM215 \*BISC205**

To be accepted to the Dietetics major, students must 1) have completed all coursework listed above, 2) have an overall GPA of 2.75 including courses listed above, 3) have at least 40 credits (12 at UD) total and 4) submit change of major request on UDSIS.

### University Requirements

- \_\_\_\_\_ ENGL110 Seminar in Composition\* (3 credits)
- \_\_\_\_\_ \_\_\_\_\_ Multicultural Course (3 credits; can satisfy both multicultural and one breadth requirement simultaneously)
- \_\_\_\_\_ First Year Experience (FYE; 1-4 credits) UNIV101 fulfills this requirement
- \_\_\_\_\_ Discovery Learning Experience (DLE; 3 credits) NTD460 fulfills this requirement

**University Breadth Requirements\*** Students must take breadth courses from **four different subject areas**. NTDT courses cannot fulfill breadth requirements. Go to <http://sites.udel.edu/bhan/breadth-requirements1718/> for a complete list of breadth courses and restrictions:

- \_\_\_\_\_ Creative Arts and Humanities\* (3 credits) \_\_\_\_\_
- \_\_\_\_\_ History and Cultural Change\* (3 credits) \_\_\_\_\_
- \_\_\_\_\_ Social and Behavioral Sciences\* (3 credits) BUAD309, ECON100, ECON101, PSYC100, and/or SOC1201 satisfy this requirement
- \_\_\_\_\_ Math, Natural Science and Technology\* (3 credits) ANFS305 satisfies this requirement if grade earned is C- or better

### MAJOR REQUIREMENTS (96 credits)

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li>_____ ANFS305 Food Science* (3)</li> <li>_____ BISC205 Biology for Health Sciences (4)</li> <li>_____ BISC276 Human Physiology* (4)</li> <li>_____ BISC300 Introduction to Microbiology (4) <b>OR</b></li> <li>_____ MEDT270 Medical Microbio &amp; Infect. Diseases (4)</li> <li>_____ BUAD309 Organizational Behavior (3)</li> <li>_____ CHEM101 or CHEM103 or 107** General Chem (4)</li> <li>_____ CHEM102 or CHEM104 or 108** General Chem (4)</li> <li>_____ CHEM213 Elementary Organic Chemistry (3)</li> <li>_____ CHEM215 Elementary Organic Chemistry Lab (1)</li> <li>_____ CHEM214 Elementary Biochemistry* (3)</li> <li>_____ CHEM216 Elementary Biochemistry Lab* (1)</li> <li>_____ ECON100 Economic Issues &amp; Policies (3) <b>OR</b></li> <li>_____ ECON101 Intro to Microeconomics (3)</li> <li>_____ MATH114 College Mathematics &amp; Statistics (3)</li> <li>_____ NTDT103 Intro to Nutrition Professions (1)</li> <li>_____ NTDT200 Nutrition Concepts* (3)</li> <li>_____ NTDT201 Food Concepts* (3)</li> <li>_____ NTDT250 Intro to the Nutrition Care Process* (3)</li> </ul> | <ul style="list-style-type: none"> <li>_____ NTDT305 Nutrition in the Life Span* (3)</li> <li>_____ NTDT321 Quantity Food Production &amp; Service* (3)</li> <li>_____ NTDT322 Mgmt. of Food &amp; Nutrition Services* (3)</li> <li>_____ NTDT326 On-Site Food Production* (3)</li> <li>_____ NTDT330 Nutrition Counseling* (3)</li> <li>_____ NTDT400 Macronutrients* (3)</li> <li>_____ NTDT401 Micronutrients* (3)</li> <li>_____ NTDT403 Senior Nutrition Seminar (1)</li> <li>_____ NTDT421 Nutritional Assessment Methods* (3)</li> <li>_____ NTDT445 Teaching Methods: Nutrition/Foods* (3)</li> <li>_____ NTDT450 Medical Nutrition Therapy I* (3)</li> <li>_____ NTDT451 Medical Nutrition Therapy II* (3)</li> <li>_____ NTDT460 Community Nutrition* (3)</li> <li>_____ PSYC100 General Psychology (3)</li> <li>_____ SOC1201 Introduction to Sociology (3)</li> <li>_____ STAT200 <b>OR</b> PSYC209 <b>OR</b> STAT/APEC408 Statistics (3)</li> <li>_____ Total of 120 credits required to graduate</li> </ul> |
|---|---|

Please refer to the 2017-18 course catalog at  
[http://catalog.udel.edu/preview\\_program.php?catoid=15&poid=7847&returnto=670](http://catalog.udel.edu/preview_program.php?catoid=15&poid=7847&returnto=670)  
for a complete listing of program requirements.

See other side for suggested program of study.

\* Grade of C- or better required

\*\* Integrated versions of CHEM103 and 104 have been renumbered as CHEM107 and CHEM108, respectively.

# University of Delaware Department of Behavioral Health and Nutrition

## BACHELOR OF SCIENCE: DIETETICS 2017-2018

Enter Fall 2017 - Graduate Spring 2021  
Minimum Credits to Graduate = 120

### Suggested Sequence

The term availability for courses listed below is correct for the 2017-18 academic year. However, changes in course availability are possible. Check with your advisor for updated term availability. Prerequisites (PR) and corequisites (CR) listed here are those most commonly taken by students in this major. See catalog for additional PR and CR options.

#### FRESHMAN YEAR

_____	<b>CHEM101 or CHEM103 or 107</b> General Chemistry (103 & 107: CR MATH114 OR ≥ 70 on Math Placement Exam)	4
_____	<b>CHEM102 or CHEM104 or 108</b> General Chemistry (102: PR CHEM101; 104: PR CHEM101, 103 or 107)	4
_____	<b>ECON100 or ECON101</b> Economics	3
_____	<b>ENGL110</b> Seminar in Composition*	3
_____	<b>MATH114</b> College Mathematics & Statistics	3
_____	<b>NTDT103</b> Intro to Nutrition Professions (FALL only)	1
_____	<b>NTDT200</b> Nutrition Concepts*	3
_____	<b>SOCI201</b> Introduction to Sociology	3
_____	<b>UNIV101</b> First Year Experience I	1
_____	Breadth or Multicultural or Elective	3
		28

#### SOPHOMORE YEAR

_____	<b>ANFS305</b> Food Science* (SPRING only)	3
_____	<b>BISC205</b> Biology for Health Sciences (CR CHEM 101, 103 or 107; FALL only)	4
_____	<b>CHEM213</b> Elem. Organic Chemistry (PR CHEM102, 104 or 108)	3
_____	<b>CHEM215</b> Elem. Organic Chemistry Lab (CR CHEM213)	1
_____	<b>CHEM214</b> Elem. Biochemistry* (PR CHEM213)	3
_____	<b>CHEM216</b> Elem. Biochemistry Lab* (CR CHEM214)	1
_____	<b>NTDT201</b> Food Concepts*	3
_____	<b>NTDT250</b> Intro to the Nutrition Care Process* (PR NTDT200)	3
_____	<b>PSYC100</b> General Psychology	3
_____	<b>STAT200 or PSYC209 or STAT/APEC408</b> Statistics	3
_____	Breadth or Multicultural or Elective	3
		30

#### JUNIOR YEAR

_____	<b>BISC276</b> Human Physiology* (PR BISC205, 207 or 208 & CHEM101, 103 or 107; FALL only)	4
_____	<b>BISC300</b> Introduction to Microbiology OR <b>MEDT270</b> Medical Microbio & Infect. Diseases (PR BISC205 OR 207 for both)	4
_____	<b>BUAD309</b> Organizational Behavior	3
_____	<b>NTDT 305</b> Nutrition in the Lifespan* (PR NTDT200 & a course in biology)	3
_____	<b>NTDT321</b> Quantity Food Production & Service* (PR NTDT200 & 201)	3
_____	<b>NTDT322</b> Management of Food & Nutrition Services* (PR NTDT200 & 201)	3
_____	<b>NTDT326</b> On-Site Food Production* (CR NTDT321)	3
_____	<b>NTDT330</b> Nutrition Counseling* (PR NTDT200 & 250)	3
_____	<b>NTDT400</b> Macronutrients* (PR NTDT200 & CHEM214/CHEM216)	3
_____	<b>NTDT401</b> Micronutrients* (PR NTDT400)	3
		32

#### SENIOR YEAR

_____	<b>NTDT403</b> Senior Nutrition Seminar (PR Senior; FALL only)	1
_____	<b>NTDT421</b> Nutritional Assessment Methods* (PR NTDT400 & statistics course; FALL only)	3
_____	<b>NTDT450</b> Medical Nutrition Therapy I* (PR NTDT250, NTDT400 & BISC276; FALL only)	3
_____	<b>NTDT451</b> Medical Nutrition Therapy II* (PR NTDT250, NTDT400 & BISC276; SPRING only)	3
_____	<b>NTDT445</b> Teaching Methods: Nutrition/Foods* (PR NTDT200)	3
_____	<b>NTDT460</b> Community Nutrition* (DLE; PR NTDT321 and NTDT400)	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
		31

**Total of 120 credits minimum required for graduation**

\* Grade of C- or better required

# University of Delaware Department of Behavioral Health and Nutrition

## BACHELOR OF SCIENCE: NUTRITIONAL SCIENCES 2017-2018

Enter Fall 2017 - Graduate Spring 2021

Minimum Credits to Graduate: 120

### University Requirements

- \_\_\_\_\_ ENGL110 Seminar in Composition\* (3 credits)
- \_\_\_\_\_ \_\_\_\_\_ Multicultural Course (3 credits) NTDT301 will satisfy both this and an NTDT300/400 elective but is not a required course in the curriculum. There are other courses that will satisfy the Multicultural requirement.
- \_\_\_\_\_ First Year Experience (FYE; 1-4 credits) UNIV101 satisfies this requirement.
- \_\_\_\_\_ Discovery Learning Experience (DLE; 3 credits) NTDT350 or 460 will satisfy both this and an NTDT300/400 elective, but are not required courses in the curriculum. Other courses, including Study Abroad, satisfy the DLE requirement.

**University Breadth Requirements\*** Students must take breadth courses from **four different subject areas**. NTDT courses cannot fulfill breadth requirements. Go to <http://sites.udel.edu/bhan/breadth-requirements1718/> for a complete list of breadth courses and restrictions:

- \_\_\_\_\_ Creative Arts and Humanities\* (3 credits) \_\_\_\_\_
- \_\_\_\_\_ History and Cultural Change\* (3 credits) \_\_\_\_\_
- \_\_\_\_\_ Social and Behavioral Sciences\* (3 credits) ECON100 or ECON101 satisfy this requirement
- \_\_\_\_\_ Math, Natural Science and Technology\* (3 credits) ANFS305 will satisfy this requirement if grade earned is C- or better

### MAJOR REQUIREMENTS (96-97 credits)

<ul style="list-style-type: none"> <li>_____ ANFS305 Food Science* (3)</li> <li>_____ BISC207 Introductory Biology I (4)</li> <li>_____ BISC208 Introductory Biology II (4)</li> <li>_____ BISC276 Human Physiology* (4)</li> <li>_____ BISC300 Introduction to Microbiology (4)</li> <li>_____ CHEM103 or CHEM107** General Chemistry (4)</li> <li>_____ CHEM104 or CHEM108** General Chemistry (4)</li> <li>_____ CHEM214 Elementary Biochemistry* (3)</li> <li>_____ CHEM216 Elementary Biochemistry Lab* (1)</li> <li>_____ CHEM321 Organic Chemistry I (3)</li> <li>_____ CHEM325 Organic Chemistry Lab I (1)</li> <li>_____ CHEM322 Organic Chemistry II (3)</li> <li>_____ CHEM326 Organic Chemistry Lab II (1)</li> <li>_____ ECON100 Economic Issues &amp; Policies <b>OR</b></li> <li>_____ ECON101 Intro to Microeconomics (3)</li> <li>_____ MATH221 Calculus I (3) <b>OR</b></li> <li>_____ MATH241 Analytic Geometry &amp; Calculus AB (4)</li> <li>_____ NTDT103 Intro to Nutrition Professions (1)</li> </ul>	<ul style="list-style-type: none"> <li>_____ NTDT200 Nutrition Concepts* (3)</li> <li>_____ NTDT201 Food Concepts* (3)</li> <li>_____ NTDT250 Intro to the Nutrition Care Process* (3)</li> <li>_____ NTDTXXX Elective 300-level or higher* (3)</li> <li>_____ NTDT305 Nutrition in the Life Span* (3)</li> <li>_____ NTDT400 Macronutrients* (3)</li> <li>_____ NTDT401 Micronutrients* (3)</li> <li>_____ NTDT403 Senior Nutrition Seminar (1)</li> <li>_____ NTDT421 Nutritional Assessment Methods* (3)</li> <li>_____ PHYS201 Introductory Physics I (4)</li> <li>_____ Social and Behavioral Science Elective (3)</li> <li>_____ Social and Behavioral Science Elective (3)</li> <li>_____ Social and Behavioral Science Elective (3)</li> <li>_____ STAT200 Basic Statistical Practice (3) <b>OR</b></li> <li>_____ STAT/APEC408 Statistical Research Methods (3)</li> <li>_____ Total of 120 Credits Required to Graduate</li> </ul>
---	---

Please refer to the 2017-18 course catalog at  
[http://catalog.udel.edu/preview\\_program.php?catoid=11&poiid=5232&returnto=413](http://catalog.udel.edu/preview_program.php?catoid=11&poiid=5232&returnto=413)  
 for a complete listing of program requirements.

Please refer to other side for suggested program of study.

\* Grade of C- or better required

\*\* Integrated versions of CHEM103 and 104 have been renumbered as CHEM107 and CHEM108, respectively.

# University of Delaware Department of Behavioral Health and Nutrition

## BACHELOR OF SCIENCE: NUTRITIONAL SCIENCES 2017-2018

Enter Fall 2017 - Graduate Spring 2021

Minimum Credits to Graduate - 120

### Suggested Sequence

The term availability for courses listed below is correct for the 2017-18 academic year. However, changes in course availability are possible. Check with your advisor for updated term availability. Prerequisites (PR) and corequisites (CR) listed here are those most commonly taken by students in this major. See catalog for additional PR and CR options.

#### FRESHMAN YEAR

_____	<b>BISC207</b> Introductory Biology I (CR CHEM103 or 107)	4
_____	<b>BISC208</b> Introductory Biology II* (PR BISC207 or 205; CHEM104 or 108)	4
_____	<b>CHEM103 or 107</b> General Chemistry (CR MATH114 OR ≥ 70 on Math Placement Exam)	4
_____	<b>CHEM104 or 108</b> Gen Chem (104: PR CHEM103 or 107, 108: PR CHEM107 & BISC207, CR BISC208)	4
_____	<b>ENGL110</b> Seminar in Composition*	3
_____	<b>MATH221</b> Calculus I (PR MATH115 or 117 or Level B on MPE) OR <b>MATH241</b> Analytic Geometry & Calculus A (PR MATH 117 or Level E on MPE)	3-4
_____	<b>NTDT103</b> Intro to Nutrition Professions (FALL only)	1
_____	<b>NTDT200</b> Nutrition Concepts*	3
_____	<b>UNIV101</b> First Year Experience I	1
_____	Breadth or Multicultural or Elective	3
		30-31

#### SOPHOMORE YEAR

_____	<b>ANFS305</b> Food Science* (SPRING only)	3
_____	<b>CHEM321</b> Organic Chem I (PR CHEM104 or 108; CR CHEM325; FALL only)	3
_____	<b>CHEM325</b> Organic Chem Lab I (PR CHEM104 or 108; CR CHEM321; FALL only)	1
_____	<b>CHEM214</b> Elem. Biochemistry* (PR CHEM 213)	3
_____	<b>CHEM216</b> Elem. Biochemistry Lab* (CR CHEM 214)	1
_____	<b>CHEM322</b> Organic Chem II (PR CHEM321; CR CHEM326; SPRING only)	3
_____	<b>CHEM326</b> Organic Chem Lab II (PR CHEM325; CR CHEM322; SPRING only)	1
_____	<b>NTDT201</b> Food Concepts*	3
_____	<b>NTDT250</b> Intro to the Nutrition Care Process* (PR NTDT200)	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Social and Behavioral Science Elective	3
		30

#### JUNIOR YEAR

_____	<b>BISC276</b> Human Physiology* (PR BISC205, 207 or 208 & CHEM101, 103 or 107; FALL only)	4
_____	<b>BISC300</b> Introduction to Microbiology (PR BISC205 or 207)	4
_____	<b>ECON100</b> Economic Issues& Policies or <b>ECON101</b> Intro to Microeconomics	3
_____	<b>NTDT Elective</b> 300-level or higher*	3
_____	<b>NTDT305</b> Nutrition in the Lifespan* (PR NTDT200 and a biology course)	3
_____	<b>NTDT400</b> Macronutrients* (PR NTDT200 & CHEM214 & 216)	3
_____	<b>NTDT401</b> Micronutrients* (PR NTDT400)	3
_____	<b>PHYS201</b> Introductory Physics I (PR MATH 115, 117, 221 or 241)	4
_____	<b>STAT200</b> Basic Statistical Practice or <b>STAT/APEC408</b> Statistical Research Methods	3
		30

#### SENIOR YEAR

_____	<b>Discovery Learning Experience (DLE)**</b>	3
_____	<b>NTDT Elective</b> 300-level or higher*	3
_____	<b>NTDT Elective</b> 300-level or higher*	3
_____	<b>NTDT Elective</b> 300-level or higher*	3
_____	<b>NTDT403</b> Senior Nutrition Seminar (PR Senior; FALL only)	1
_____	<b>NTDT421</b> Nutritional Assessment Methods* (PR NTDT400 & a statistics course; FALL only)	3
_____	Social and Behavioral Science Elective	3
_____	Social and Behavioral Science Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
		31

\_\_\_\_\_ **Total of 120 credits minimum required for graduation**

\* Grade of C- or better required

# University of Delaware Department of Behavioral Health and Nutrition

## BACHELOR OF SCIENCE: DOUBLE MAJOR IN DIETETICS & NUTRITIONAL SCIENCES 2017-2018

Enter Fall 2017 - Graduate Spring 2021  
Minimum Credits to Graduate = 120

Students wishing to pursue the Registered Dietitian Nutritionist (R.D.N.) credential will be initially admitted to the Applied Nutrition major. Students can apply to the Dietetics major upon completion of at least 40 credits total, which must include:

**\*NTDT200 \*NTDT250 \*CHEM101/103/107 \*CHEM102/104/108 \*CHEM213 \*CHEM215 \*BISC205**

To be accepted to the Dietetics major, students must 1) have completed all coursework listed above, 2) have an overall GPA of 2.75 including courses listed above, 3) have at least 40 credits (12 at UD) total and 4) submit change of major request on UDSIS.

### University Requirements

- \_\_\_\_\_ ENGL110 Seminar in Composition\* (3 credits)
- \_\_\_\_\_ \_\_\_\_\_ Multicultural Course (3 credits; can satisfy both multicultural and one breadth requirement simultaneously)
- \_\_\_\_\_ First Year Experience (FYE; 1-4 credits) UNIV101 fulfills this requirement
- \_\_\_\_\_ Discovery Learning Experience (DLE; 3 credits) NTD460 fulfills this requirement

**University Breadth Requirements\*** Students must take breadth courses from **four different subject areas**. NTDT courses cannot fulfill breadth requirements. Go to <http://sites.udel.edu/bhan/breadth-requirements1718/> for a complete list of breadth courses and restrictions:

- \_\_\_\_\_ Creative Arts and Humanities\* (3 credits) \_\_\_\_\_
- \_\_\_\_\_ History and Cultural Change\* (3 credits) \_\_\_\_\_
- \_\_\_\_\_ Social and Behavioral Sciences\* (3 credits) BUAD309, ECON100, ECON101, PSYC100 & SOCI201 satisfy this requirement
- \_\_\_\_\_ Math, Natural Science and Technology\* (3 credits) ANFS305 satisfies this requirement if grade earned is C- or better.

### MAJOR REQUIREMENTS (108-109 credits)

- |  |   |
|--|---|
| <ul style="list-style-type: none"> <li>_____ ANFS305 Food Science* (3)</li> <li>_____ BISC207 Introductory Biology I (4)</li> <li>_____ BISC208 Introductory Biology I (4)</li> <li>_____ BISC276 Human Physiology* (4)</li> <li>_____ BISC300 Introduction to Microbiology (4)</li> <li>_____ BUAD309 Mgmt. &amp; Organizational Behavior (3)</li> <li>_____ CHEM103 or CHEM107** General Chemistry (4)</li> <li>_____ CHEM104 or CHEM108** General Chemistry (4)</li> <li>_____ CHEM214 Elementary Biochemistry* (3)</li> <li>_____ CHEM216 Elementary Biochemistry Lab* (1)</li> <li>_____ CHEM321 Organic Chemistry I (3)</li> <li>_____ CHEM325 Organic Chemistry Lab I (1)</li> <li>_____ CHEM322 Organic Chemistry II (3)</li> <li>_____ CHEM326 Organic Chemistry Lab II (1)</li> <li>_____ ECON100 Economic Issues &amp; Policies <b>OR</b></li> <li>_____ ECON101 Intro to Microeconomics (3)</li> <li>_____ MATH221 Calculus I (3) <b>OR</b></li> <li>_____ MATH241 Analytic Geometry &amp; Calculus AB (4)</li> <li>_____ NTDT103 Intro to Nutrition Professions (1)</li> <li>_____ NTDT200 Nutrition Concepts* (3)</li> </ul> | <ul style="list-style-type: none"> <li>_____ NTDT201 Food Concepts* (3)</li> <li>_____ NTDT250 Intro to the Nutrition Care Process* (3)</li> <li>_____ NTDT305 Nutrition in the Life Span* (3)</li> <li>_____ NTDT321 Quantity Food Production &amp; Service* (3)</li> <li>_____ NTDT322 Mgmt. of Food &amp; Nutrition Services* (3)</li> <li>_____ NTDT326 On-Site Food Production* (3)</li> <li>_____ NTDT330 Nutrition Counseling* (3)</li> <li>_____ NTDT400 Macronutrients* (3)</li> <li>_____ NTDT401 Micronutrients* (3)</li> <li>_____ NTDT403 Senior Nutrition Seminar (1)</li> <li>_____ NTDT421 Nutritional Assessment Methods* (3)</li> <li>_____ NTDT445 Teaching Methods: Nutrition/Foods* (3)</li> <li>_____ NTDT450 Medical Nutrition Therapy I* (3)</li> <li>_____ NTDT451 Medical Nutrition Therapy II* (3)</li> <li>_____ NTDT460 Community Nutrition* (3)</li> <li>_____ PHYS201 Introductory Physics I (4)</li> <li>_____ PSYC100 General Psychology (3)</li> <li>_____ SOCI201 Introduction to Sociology (3)</li> <li>_____ STAT200 Basic Statistical Practice (3) <b>OR</b></li> <li>_____ STAT/APEC408 Statistical Research Methods (3)</li> <li>_____ Total of 120 Credits Required to Graduate</li> </ul> |
|--|---|

Please refer to other side for suggested program of study.

\* Grade of C- or better required

\*\* Integrated versions of CHEM103 and 104 have been renumbered as CHEM107 and CHEM108, respectively.

# University of Delaware Department of Behavioral Health and Nutrition

## BACHELOR OF SCIENCE: DOUBLE MAJOR IN DIETETICS AND NUTRITIONAL SCIENCES 2017-2018

Enter Fall 2017 - Graduate Spring 2021  
Minimum Credits to Graduate = 120

### Suggested Sequence

The term availability for courses listed below is correct for the 2017-18 academic year. However, changes in course availability are possible. Check with your advisor for updated term availability. Prerequisites (PR) and corequisites (CR) listed here are those most commonly taken by students in this major. See catalog for additional PR and CR options.

#### FRESHMAN YEAR

_____	<b>BISC207</b> Introductory Biology I (CR CHEM103 or 107)	4
_____	<b>BISC208</b> Introductory Biology II* (PR BISC207 or 205; CHEM104 or 108)	4
_____	<b>CHEM103 or 107</b> General Chemistry (CR MATH114 OR ≥ 70 on Math Placement Exam)	4
_____	<b>CHEM104 or 108</b> Gen Chem (104: PR CHEM103 or 107, 108: PR CHEM107 & BISC207, CR BISC208)	4
_____	<b>ENGL110</b> Seminar in Composition*	3
_____	<b>MATH221</b> Calculus I (PR MATH115 or 117 or Level B on MPE) OR <b>MATH241</b> Analytic Geometry & Calculus A (PR MATH 117 or Level E on MPE)	3-4
_____	<b>NTDT103</b> Intro to Nutrition Professions (FALL only)	1
_____	<b>NTDT200</b> Nutrition Concepts*	3
_____	<b>UNIV101</b> First Year Experience I	1
_____	Breadth or Multicultural or Elective	3
		30-31

#### SOPHOMORE YEAR

_____	<b>ANFS305</b> Food Science* (SPRING only)	3
_____	<b>CHEM321</b> Organic Chem I (PR CHEM104 or 108; CR CHEM325; FALL only)	3
_____	<b>CHEM325</b> Organic Chem Lab I (PR CHEM104 or 108; CR CHEM321; FALL only)	1
_____	<b>CHEM214</b> Elem. Biochemistry* (PR CHEM 213)	3
_____	<b>CHEM216</b> Elem. Biochemistry Lab* (CR CHEM 214)	1
_____	<b>CHEM322</b> Organic Chem II (PR CHEM321; CR CHEM326; SPRING only)	3
_____	<b>CHEM326</b> Organic Chem Lab II (PR CHEM325; CR CHEM322; SPRING only)	1
_____	<b>ECON100 OR 101</b> Economics	3
_____	<b>NTDT201</b> Food Concepts*	3
_____	<b>NTDT250</b> Intro to the Nutrition Care Process* (PR NTDT200)	3
_____	<b>PSYC100</b> General Psychology*	3
_____	<b>STAT200</b> Basic Statistical Practice or <b>STAT/APEC408</b> Statistical Research Methods	3
		30

#### JUNIOR YEAR

_____	<b>BISC276</b> Human Physiology* (PR BISC205, 207 or 208 & CHEM101, 103 or 107; FALL only)	4
_____	<b>BISC300</b> Introduction to Microbiology (PR BISC205 or 207)	4
_____	<b>NTDT321</b> Quantity Food Production & Service* (PR NTDT200 & 201)	3
_____	<b>NTDT322</b> Management of Food & Nutrition Services* (PR NTDT200 & 201)	3
_____	<b>NTDT326</b> On-Site Food Production* CR NTDT321)	3
_____	<b>NTDT330</b> Nutrition Counseling* (PR NTDT200 & 250)	3
_____	<b>NTDT400</b> Macronutrients* (PR NTDT200 & CHEM214/216)	3
_____	<b>NTDT401</b> Micronutrients* (PR NTDT400)	3
_____	<b>PHYS201</b> Introductory Physics I (PR MATH 115, 117, 221 or 241)	4
		30

#### SENIOR YEAR

_____	<b>BUAD309</b> Management & Org. Behavior	3
_____	<b>NTDT305</b> Nutrition in the Lifespan* (PR NTDT200 and a biology course)	3
_____	<b>NTDT403</b> Senior Nutrition Seminar (PR Senior; FALL only)	1
_____	<b>NTDT421</b> Nutritional Assessment Methods* (PR NTDT400 & statistics course; FALL only)	3
_____	<b>NTDT445</b> Teaching Methods: Nutrition/Foods* (PR NTDT200)	3
_____	<b>NTDT450</b> Medical Nutrition Therapy I* (PR NTDT250, NTDT400 & BISC276; FALL only)	3
_____	<b>NTDT451</b> Medical Nutrition Therapy II* (PR NTDT250, NTDT400 & BISC276; SPRING only)	3
_____	<b>NTDT460</b> Community Nutrition* (DLE; PR NTDT321 and NTDT400)	3
_____	<b>SOCI201</b> Introduction to Sociology	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
		31

\_\_\_\_\_ **Total of 120 credits minimum required for graduation**

\* Grade of C- or better required

## Department of Behavioral Health and Nutrition

### MINOR: COACHING SCIENCE

Director: Stephen Goodwin, PhD

Minimum Credits in the Minor: 19

This minor will help students develop a personal coaching philosophy, an understanding of the body, how it performs, injury and injury prevention, teaching of skills and progressions, sport psychology, and a variety of team responsibilities. A practicum or field experience will be required in the student's chosen sport to further enhance the development of coaching skills and philosophy. If a student chooses a sport that is a winter sport, i.e., basketball, the student is required to register for winter session. The same requirement applies for a practicum experience done during the summer.

The Coaching Science Minor requires 19 credits. Students applying for the minor must have completed at least one semester of full time study with a minimum **GPA of 2.25**.

**Enrollment in the minor for at least four semesters is required due to sequencing of course work.** A minimum grade of C- is required in all courses for completion of the minor.

#### **REQUIRED COURSES (PR=Prerequisites )**

#### **Credits**

KAAP210	Emergency Management of Injuries and Illnesses	3
KAAP220	Anatomy and Physiology	3
<b>OR</b>		
KAAP309	Human Anatomy and Physiology I (PR CHEM104 or 108 and BISC208)	4
KAAP320	Principles of Strength/Conditioning (PR KAAP220 or KAAP309)	4
BHAN390	Principles of Coaching (Fall only; PR KAAP320)	3
BHAN440	Strategies for Athletic Peak Performance (Spring only)	3
BHAN460	Coaching/Performance Practicum (Pass/Fail: PR KAAP210, KAAP220 or 309, KAAP320 and BHAN390 and Jr. or Sr. status)	3

**Admission:** Freshmen and transfer students must wait until after first semester grades have been posted to request the minor; all others may apply for the minor at any time via the UDSIS Webform "Change Major, Minor..." Minimum 2.25 GPA is required. It is not necessary to meet with the minor advisor to have your request approved. However, if you need assistance, advisement or curricular information, please contact minor advisor Dr. Stephen Goodwin, goody@udel.edu, 302-831-4451.

# University of Delaware Department of Behavioral Health and Nutrition

## BACHELOR OF SCIENCE: HEALTH BEHAVIOR SCIENCE 2017-2018

Enter Fall 2017 - Graduate Spring 2021

Minimum Credits to Graduate: 120

### University Requirements

- \_\_\_\_\_ ENGL110 Seminar in Composition (3 credits, minimum grade C-)
- \_\_\_\_\_ \_\_\_\_\_ Multicultural Course (3 credits; one course can simultaneously satisfy multicultural and a breadth requirement)
- \_\_\_\_\_ First Year Experience UNIV101 (1)
- \_\_\_\_\_ Discovery Learning Experience (DLE; 3 credits) BHAN464 satisfies this requirement

**University Breadth Requirements** Minimum grade C- in each. Students must take these breadth courses from **four different subject areas**. Courses listed below (major or concentration core/restricted electives) that do not have the BHAN prefix may also satisfy University Breadth requirements. For a complete list of breadth courses and restrictions go to: <http://sites.udel.edu/bhan/breadth-requirements1718/>.

- \_\_\_\_\_ Creative Arts and Humanities (3 credits) \_\_\_\_\_
- \_\_\_\_\_ History and Cultural Change (3 credits) \_\_\_\_\_
- \_\_\_\_\_ Social and Behavioral Sciences (3 credits) \_\_\_\_\_ (May be simultaneously satisfied by a major requirement, ex. PSYC100)
- \_\_\_\_\_ Math, Natural Science and Technology (3 credits) \_\_\_\_\_ (May be simultaneously satisfied by a major requirement, ex. NTDT200)

### **MAJOR REQUIREMENTS (74 credits) Minimum grade C- in each:**

**Courses other than those with the BHAN prefix may also satisfy University Breadth requirements**

- |               |  |               |   |
|---------------|--|---------------|---|
| _____ BHAN155 | Personal Health Management (3)                             | _____ BISCXXX | BISC Elective (3)                                 |
| _____ BHAN160 | Health Behavior Science Seminar (1)                        | _____ HLPR222 | Intro to Epidemiology (3)                         |
| _____ BHAN263 | Leadership Practicum (1-3)                                 | _____ HLPR430 | Behavior Change Strategies and Tactics (3)        |
| _____ BHAN311 | Issues in Health Behavior Science (3)                      | _____ KAAP220 | Anatomy and Physiology (3)                        |
| _____ BHAN326 | Research Methods and Statistics for Behavioral Science (3) | _____ MATH114 | College Math & Statistics (3)                     |
| _____ BHAN332 | Health Behavior Theory & Models (3)                        | _____ _____   | Math, Natural Science & Technology Elective (3) * |
| _____ BHAN334 | Health Behavior Assessment (3)                             | _____ NTDT200 | Nutritional Concepts (3)                          |
| _____ BHAN335 | Health and Aging (3) <b>OR</b>                             | _____ NTDT310 | Nutrition and Activity (3)                        |
| _____ BHAN342 | Intro to Adapted Physical Activity (3)                     | _____ PSYC100 | General Psychology (3)                            |
| _____ BHAN435 | Physical Activity Behavior (3)                             | _____ SOCIXXX | Sociology Elective (3)                            |
| _____ BHAN464 | Internship (9)   | _____ STAT200 | Basic Statistical Practice (3)                    |
| _____ BHAN490 | Development of Health Promotion Programs (3)               | _____ _____   | Social & Behavioral Science Elective (3) **       |
|               |  | _____ _____   | Total of 120 credits required to graduate         |

### **COMPLETION OF AN APPROVED MINOR IS REQUIRED**

**Approved minors typically consist of 15-24 credits**

**Please see other side for additional information about approved minors**

Please refer to the 2017-18 course catalog at:  
[http://catalog.udel.edu/preview\\_program.php?catoid=11&poid=5229&returnto=413](http://catalog.udel.edu/preview_program.php?catoid=11&poid=5229&returnto=413)  
for a complete listing of program requirements.

*See other side for suggested Program of Study*

\* From the University Breadth list in the Math, Natural Science & Technology category

\*\* From the University Breadth list in the Social & Behavioral Science category

# University of Delaware Department of Behavioral Health and Nutrition

## BACHELOR OF SCIENCE: HEALTH BEHAVIOR SCIENCE 2017-2018

Enter Fall 2017 - Graduate Spring 2021  
Minimum Credits to Graduate = 120

### Suggested Sequence

The term availability for courses listed below is correct for 2017-18 academic year. However changes in course availability are possible. Check with your advisor for updated term availability. Prerequisites (PR) and corequisites (CR) listed here are those most commonly taken by students in this major. See catalog for additional prerequisite and corequisite options.

#### FRESHMAN YEAR

_____	<b>BHAN160</b> Hlth Behav Science Sem (Fall only; CR BHAN155)	1
_____	<b>BHAN155</b> Personal Health Management	3
_____	<b>ENGL110</b> Seminar in Composition	3
_____	<b>KAAP220</b> Anatomy and Physiology	3
_____	<b>NTDT200</b> Nutritional Concepts	3
_____	<b>MATH114</b> College Math and Statistics	3
_____	<b>SOCIXXX</b> Sociology Elective	3
_____	<b>UNIV101</b> First Year Experience	1
_____	Math, Natural Science & Technology Elective*	3
_____	Social & Behavioral Science Elective**	3
_____	Breadth or Multicultural or Elective	4
	<hr style="width: 100%;"/>	30

#### SOPHOMORE YEAR

_____	<b>BHAN311</b> Issues in Hlth Behav Science (PR BHAN155)	3
_____	<b>BHAN263</b> Leadership Practicum (Pass/Fail)	1
_____	<b>BHAN435</b> Physical Activity Behavior (PR KAAP220 or 309)	3
_____	<b>BISCXXX</b> BISC Elective	3
_____	<b>PSYC100</b> General Psychology	3
_____	<b>STAT200</b> Basic Statistical Practice	3
_____	Minor Course	3
_____	Minor Course	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
	<hr style="width: 100%;"/>	31

#### JUNIOR YEAR

_____	<b>BHAN326</b> Research Methods & Statistics for Behavioral Science (PR STAT200)	3
_____	<b>BHAN332</b> Hlth Behav Theory & Models (PR BHAN311)	3
_____	<b>BHAN334</b> Health Behavior Assessment (Spring only; PR BHAN326 and BHAN332)	3
_____	<b>BHAN335</b> Health and Aging (Spring only) OR <b>BHAN342</b> Intro to Adapted Physical Activity	3
_____	<b>HLPR222</b> Intro to Epidemiology (PR STAT200 or PSYC209)	3
_____	<b>NTDT310</b> Nutrition and Activity (PR NTDT200 and a physiology course)	3
_____	Minor Course	3
_____	Minor Course	3
_____	Minor Course	3
_____	Breadth or Multicultural or Elective	3
	<hr style="width: 100%;"/>	30

#### SENIOR YEAR

_____	<b>BHAN464</b> Internship (PR all BHAN, KAAP, HLPR and NTDT major courses; Pass/Fail)	9
_____	<b>BHAN490</b> Development of Health Promotion Programs (PR BHAN334)	3
_____	<b>HLPR430</b> Behavior Change Strategies and Tactics (PR BHAN332)	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	3
_____	Breadth or Multicultural or Elective	5
	<hr style="width: 100%;"/>	29

### Total of 120 credits minimum required for graduation

**TOTAL CREDITS / ELECTIVES** - in addition to required courses, sufficient elective credits must be taken to meet the minimum credits required for the degree (120)

-----  
**Completion of an approved minor is required (approved minors typically consist of 15-24 credits):** The following minors have been approved for the Health Behavior Science program; other minors may be permitted with faculty advisor approval:

- Public Health    • Coaching Science    • Nutrition    • Health, Physical Activity & Disability
- Strength and Conditioning    • Disabilities Studies    • Psychology    • Entrepreneurial Studies    • Business Administration

\* From the University Breadth list in the Math, Natural Science & Technology category

\*\* From the University Breadth list in the Social & Behavioral Science category

**University of Delaware Department of Behavioral Health and Nutrition**  
**BACHELOR OF SCIENCE: HEALTH BEHAVIOR SCIENCE:**  
**Concentration in Health and Disability 2017-2018**  
 Enter Fall 2017 - Graduate Spring 2021 - Minimum Credits to Graduate: 120

**University Requirements**

- \_\_\_\_\_ ENGL110 Seminar in Composition (3 credits, minimum grade C-)
- \_\_\_\_\_ \_\_\_\_\_ Multicultural Course (3 credits; one course can simultaneously satisfy multicultural and a breadth requirement)
- \_\_\_\_\_ First Year Experience UNIV101 (1)
- \_\_\_\_\_ Discovery Learning Experience (DLE; 3 credits) BHAN464 satisfies this requirement

**University Breadth Requirements** (Minimum grade C- in each. Students must take these breadth courses from **four different subject areas**. Courses listed below (major or concentration core/restricted electives) that do not have the BHAN prefix may also satisfy University Breadth requirements. For a complete list of breadth courses and restrictions go to: <http://sites.udel.edu/bhan/breadth-requirements1718/>.

- \_\_\_\_\_ Creative Arts and Humanities (3 credits) \_\_\_\_\_ (may be satisfied by HLTH241)
- \_\_\_\_\_ History and Cultural Change (3 credits) \_\_\_\_\_
- \_\_\_\_\_ Social and Behavioral Sciences (3 credits) \_\_\_\_\_ (may be satisfied by PSYC100, HDF5201, PSYC325, PSYC334, HDF5230 or HDF5270)
- \_\_\_\_\_ Math, Natural Science and Technology (3 credits) \_\_\_\_\_ (may be satisfied by BISC207, BISC208, MATH201, HLPR222 or NTDT200)

**MAJOR REQUIREMENTS (71 credits required) Minimum grade C- in each**

- |  |  |
|--|--|
| _____ BHAN155 Personal Health Management (3)               | _____ BISCXXX BISC Elective (3) (rec. BISC207)           |
| _____ BHAN160 Health Behavior Science Seminar (1)          | _____ HLPR222 Intro to Epidemiology (3)                  |
| _____ BHAN263 Leadership Practicum (1-3)                   | _____ HLPR430 Behavior Change Strategies and Tactics (3) |
| _____ BHAN311 Issues in Health Behavior Science (3)        | _____ KAAP309 Anatomy and Physiology I (4)               |
| _____ BHAN326 Research Meth & Stat for Behavioral Sci (3)  | _____ MATH114 College Math & Statistics (3)              |
| _____ BHAN332 Health Behavior Theory & Models (3)          | _____ NTDT200 Nutritional Concepts (3)                   |
| _____ BHAN334 Health Behavior Assessment (3)               | _____ NTDT310 Nutrition and Activity (3)                 |
| _____ BHAN342 Intro to Adapted Physical Activity (3)       | _____ PSYC100 General Psychology (3)                     |
| _____ BHAN435 Physical Activity Behavior (3)               | _____ SOCIXXX Sociology Elective (3)                     |
| _____ BHAN403 Practicum in Adapted Physical Activity (3)   | _____ Social & Behavioral Science Elective* (3)          |
| _____ BHAN464 Internship (6)                               | _____ Total of 120 credits required to graduate          |
| _____ BHAN490 Development of Health Promotion Programs (3) |  |

**Concentration Core (18 credits; Minimum grade C-)**

- |  |  |
|--|--|
| _____ BHAN445 Health, Physical Activity & Disability (3) | _____ KAAP310 Anatomy & Physiology II (4)          |
| _____ CHEM103 or CHEM107+ General Chemistry (4)          | _____ STAT200 Basic Statistical Practice (3) ** OR |
| _____ CHEM104 or CHEM108+ General Chemistry (4)          | _____ MATH201 Intro to Statistical Methods I (3)   |

**Concentration Restricted Electives (9 credits; Minimum grade C-)**

**Group 1: Lifespan Development & Psychology (choose ≥ 6 credits)**

- HDFS201 Lifespan Development (3)
- KAAP301 Lifespan Motor Development (3)
- KAAP428 Motor Control & Learning (4)
- NTDT305 Nutrition in the Lifespan (3)
- PSYC325 Child Psychology (3)
- PSYC334 Abnormal Psychology (3)
- BHAN335 Health and Aging (3)

**Group 2: Disability and Ethical Issues (choose ≥ 3 credits)**

- EDUC230 Introduction to Exceptional Children (3)
- EDUC414 Teaching Exceptional Adolescents (3)
- HDFS230 Families and Communities (3)
- HDFS270 Families and Developmental Disabilities (3)
- HDFS403 Adult Disability Issues (3)
- HDFS407 Speech & Language Disorders in Young Children (3)
- HDFS470 Families and Children at Risk (3)
- HLTH241 Ethical Aspects of Healthcare (3)
- NTDT410 Overweight/Obesity Prevention & Management (3)

**KAAP220 OR KAAP309 and all BHAN, HLPR, and NTDT courses must be completed before BHAN464 (9 credit internship) can be initiated.**

Please refer to the 2017-18 course catalog at:

[http://catalog.udel.edu/preview\\_program.php?catoid=11&poiid=5238&returnto=413](http://catalog.udel.edu/preview_program.php?catoid=11&poiid=5238&returnto=413)

for a complete listing of program requirements.

\* From the University Breadth list in the Social & Behavioral Science category

+ Integrated versions of CHEM103 and 104 have been renumbered as CHEM107 and CHEM108, respectively.

\*\* Recommend STAT200 since it is a prereq for BHAN326, a required major course.

**University of Delaware Department of Behavioral Health and Nutrition**  
**BACHELOR OF SCIENCE: HEALTH BEHAVIOR SCIENCE:**  
**Concentration in Health and Disability 2017-2018**  
 Enter Fall 2017 - Graduate Spring 2021 - Minimum Credits to Graduate: 120

### Suggested Sequence

The term availability for courses listed below is correct for 2017-18 academic year. However changes in course availability are possible. Check with your advisor for updated term availability. Prerequisites (PR) and corequisites (CR) listed here are those most commonly taken by students in this major. See catalog for additional prereq and coreq options.

#### FRESHMAN YEAR

___	<b>BHAN155</b> Personal Health Management	3
___	<b>BHAN160</b> Health Behavior Science Seminar (Fall only.) CR BHAN155	1
___	<b>BISXXXX</b> (Recommend BISC207 as PR for KAAP309)	4
___	<b>CHEM103</b> General Chemistry (CR Math 114)	4
___	<b>CHEM104</b> General Chemistry (PR CHEM101 or 103)	4
___	<b>ENGL110</b> Seminar in Composition	3
___	<b>MATH114</b> College Math and Statistics	3
___	<b>NTDT200</b> Nutritional Concepts	3
___	<b>SOCIXXX</b> Sociology Elective	3
___	<b>UNIV101</b> First Year Experience	1
	Total Credits	29

#### SOPHOMORE YEAR

___	<b>BHAN311</b> Issues in Health Behavior Science (PR BHAN155)	3
___	<b>BHAN342</b> Intro to Adapted Physical Activity	3
___	<b>BHAN403</b> Practicum in Adapted Physical Activity	1
___	<b>BHAN435</b> Physical Activity Behavior (PR KAAP220 or 309)	3
___	<b>BISC208</b> (as prereq for KAAP309)	4
___	<b>KAAP309</b> Anat & Physiology I (PR BISC208 and CHEM104)	4
___	<b>PSYC100</b> General Psychology	3
___	<b>STAT200</b> Basic Statistical Practice	3
___	Elective	1
___	Multicultural	3
___	University Breadth Group B	3
	Total Credits	31

#### JUNIOR YEAR

___	<b>BHAN263</b> Leadership Practicum	1
___	<b>BHAN326</b> Research Methods & Statistics for Behavioral Science (PR STAT200)	3
___	<b>BHAN332</b> Health Behavior Theory & Models (PR BHAN311)	3
___	<b>BHAN334</b> Health Behavior Assessment (Spring only; PR BHAN326 and BHAN332)	3
___	<b>BHAN403</b> Practicum in Adapted Physical Activity	2
___	<b>HLPR222</b> Intro to Epidemiology (PR STAT200, MATH201 OR PSYC209)	3
___	<b>KAAP310</b> Anatomy & Physiology II (PR KAAP309)	4
___	<b>NTDT310</b> Nutrition and Activity (PR NTDT200 and a physiology course)	3
___	Concentration Restricted Elective Group 1	3
___	University Breadth Group A	3
___	University Breadth Group D	3
	Total Credits	31

#### SENIOR YEAR

___	<b>BHAN445</b> Intro to Adapted Physical Activity (PR BHAN342; Fall only)	3
___	<b>BHAN464</b> Internship (PR all BHAN, KAAP, HLPR and NTDT major courses; Pass/Fail)	6
___	<b>BHAN490</b> Development of Health Promotion Programs (PR BHAN334)	3
___	<b>HLPR430</b> Behavior Change Strategies and Tactics (PR BHAN332)	3
___	Concentration Restricted Elective Group 1	3
___	Concentration Restricted Elective Group 2	3
___	Elective	3
___	University Breadth Group C	3
	Total Credits	29

### **Total of 120 credits minimum required for graduation**

**TOTAL CREDITS / ELECTIVES** - in addition to required courses, sufficient elective credits must be taken to meet the minimum credits required for the degree (120).

## Department of Behavioral Health and Nutrition

### MINOR: COACHING SCIENCE

Director: Stephen Goodwin, PhD

Minimum Credits in the Minor: 19

This minor will help students develop a personal coaching philosophy, an understanding of the body, how it performs, injury and injury prevention, teaching of skills and progressions, sport psychology, and a variety of team responsibilities. A practicum or field experience will be required in the student's chosen sport to further enhance the development of coaching skills and philosophy. If a student chooses a sport that is a winter sport, i.e., basketball, the student is required to register for winter session. The same requirement applies for a practicum experience done during the summer.

The Coaching Science Minor requires 19 credits. Students applying for the minor must have completed at least one semester of full time study with a minimum **GPA of 2.25**.

**Enrollment in the minor for at least four semesters is required due to sequencing of course work.** A minimum grade of C- is required in all courses for completion of the minor.

<b>REQUIRED COURSES (PR=Prerequisites )</b>	<b>Credits</b>
KAAP210      Emergency Management of Injuries and Illnesses	3
KAAP220      Anatomy and Physiology	3
<b>OR</b>	
KAAP309      Human Anatomy and Physiology I (PR CHEM104 or 108 and BISC208)	4
KAAP320      Principles of Strength/Conditioning (PR KAAP220 or KAAP309)	4
BHAN390      Principles of Coaching (Fall only; PR KAAP320)	3
BHAN440      Strategies for Athletic Peak Performance (Spring only)	3
BHAN460      Coaching/Performance Practicum (Pass/Fail: PR KAAP210, KAAP220 or 309, KAAP320 and BHAN390 and Jr. or Sr. status)	3

**Admission:** Freshmen and transfer students must wait until after first semester grades have been posted to request the minor; all others may apply for the minor at any time via the UDSIS Webform "Change Major, Minor..." Minimum 2.25 GPA is required. It is not necessary to meet with the minor advisor to have your request approved. However, if you need assistance, advisement or curricular information, please contact minor advisor Dr. Stephen Goodwin, goody@udel.edu, 302-831-4451.

## Department of Behavioral Health and Nutrition

### MINOR: DANCE

**Minor Advisor: Janice Bibik, PhD**

**Minimum Credits in the Minor: 17**

A minor in dance is available for students who have an interest in dance and want a concentration of study in this area to complement their career goals. The minor provides students with the opportunity to study a variety of coursework including, but not limited to, technique, composition and choreography, and elective choices in the historical, cultural, pedagogical, and somatic areas of dance. Additionally, dance minors complete an introductory seminar course exploring career options in dance as well as a variable credit capstone experience project at the end of the minor course of study. The Dance Minor is a joint program between the College of Arts & Sciences and the College of Health Sciences.

**REQUIRED COURSES:** A minimum of 17 credits distributed as follows:

**DANC201 (1 credit):** Careers in Dance

**Technique (6 credits):** Two or more courses, one of which must be at the 300 level, from the following list:

DANC202 Beginning Ballet	DANC302 Intermediate Ballet*
DANC203 Beginning Modern Dance	DANC303 Intermediate Modern Dance*
DANC204 Beginning Jazz Dance	DANC304 Intermediate Jazz Dance*

**Choreography and Performance (3 credits): must select one course from the following:**

DANC207 Dance Improvisation*	DANC308 Dance Composition II*
DANC208 Dance Composition I*	DANC309 Repertory*

**DANC401 (1-2 credits):** Dance Capstone Experience

**Electives (6 credits): from the following list, in consultation with the minor advisor:**

DANC101 Intro to the Art of Dance	DANC311 Dance, Drama and Learning
DANC206 Dance in Culture & Society	DANC312 The Body & Motion in Dance*
DANC209 Dance in Film	DANC400 Dance in School & Comm.*
DANC305 Hip Hop	BHAN251 Skills, Technique & Knowledge of Rhythms & Dance (1 credit)
DANC306 Musical Theatre Styles*	BHAN120 Ballroom Dance (1 credit)
DANC307 Ethnic Dance Styles	
DANC310 Methods of Teaching Dance*	

**Admission:** Freshmen and transfer students must wait until after first semester grades have been posted to request the minor; all others may apply for the minor at any time via the UDSIS Webform "Change Major, Minor..." Minimum 2.0 GPA required. It is not necessary to meet with the minor advisor to have your request approved. However, if you need assistance, advisement or curricular information, please contact minor advisor Dr. Jan Bibik, [pirwet@udel.edu](mailto:pirwet@udel.edu), 831-3537.

\*These courses have prerequisites

## Department of Behavioral Health and Nutrition

# MINOR: HEALTH, PHYSICAL ACTIVITY AND DISABILITY

Director: Iva Obrusnikova, PhD

Minimum Credits in the Minor: 15

This program provides undergraduate students with a theoretical base and quality field-based experiences to appropriately serve individuals with disabilities across the lifespan in a variety of settings that promote health and wellness. The minor is open to students in any major, but is particularly suited for students who are planning careers in health and exercise sciences such as health promotion, fitness, occupational therapy, physical therapy, therapeutic recreation, health and physical education, special education, sports medicine and coaching. Students applying for the minor must have completed at least one semester of full-time study with a minimum GPA of 2.0. A grade of C- or better in required courses is needed for successful completion of the minor. **A maximum of six credits may be from the student's major or another minor.**

### REQUIRED COURSES (PR=Prerequisites) Credits

#### I. Core requirements: 13 credits

1.	BHAN240	Fundamental Movement Skills	3
	<b>OR</b>		
	KAAP428	Motor Control and Learning (PR KAAP309)	4
2.	BHAN342	Introduction to Adapted Physical Activity	3
	<b>OR</b>		
	BHAN343	Adapted Physical Education	3
3.	BHAN403	Practicum in Adapted Physical Activity (Students may take 1, 2 or 3 credits per term. However, a total of 3 credits is required to complete the minor)	3
4.	BHAN445	Health, Physical Activity and Disability (Fall only, PR BHAN342 or 343, junior or senior status)	3

#### II. Elective: 3 credits (must select one course from the following):

BHAN332	Health Behavior Theory and Models (PR BHAN311)	3
BHAN335	Health and Aging (Spring only)	3
BHAN435	Physical Activity Behavior (PR KAAP220 or KAAP309)	3
NTDT410	Overweight & Obesity Prevention & Management (PR NTDT200)	3
HDFS270	Families and Developmental Disabilities	3

**Admission:** Freshmen and transfer students must wait until after first semester grades have been posted to request the minor; all others may apply for the minor at any time via the UDSIS Webform "Change Major, Minor..." Minimum 2.0 GPA required. It is not necessary to meet with the minor advisor to have your request approved. However, if you need assistance, advisement or curricular information, please contact minor advisor Emily Lodyga, elodyga@udel.edu, 831-6176.

## Department of Behavioral Health and Nutrition

# MINOR: HEALTH AND WELLNESS

Director: Christine Skubisz, PhD

Minimum Credits in the Minor: 18

The Health and Wellness minor is for students who have an interest in expanding their knowledge of health and wellness issues. Courses will provide students with the knowledge, skills and experiences necessary to understand the role culture, gender, environment and behavior play in personal and community health. The minor will provide students with the opportunity to complement their major course of study by expanding and applying health knowledge and concepts to their chosen profession and personal life. Students in the Health Behavior Science major are not eligible to take this minor. A grade of C- or better in all required courses is necessary for successful completion of the minor. **A maximum of nine credits may be from the student's major or another minor.**

### **Required Courses (PR=Prerequisites) Credits**

#### **Core Requirements: 6 credits**

BHAN155 Personal Health Management: An Approach for a Lifetime	3
NTDT200 Nutrition Concepts	3

#### **Health Behavior Theory Course: 3 credits; must select one course from the following:**

BHAN332 Health Behavior Theory & Models (PR BHAN311)	3
BHAN333 Health Behavior Theory & Program Planning (Open to HPE majors only)	3
BHAN435 Physical Activity Behavior (PR KAAP220 or KAAP309)	3

#### **Capstone Course: 3 credits; must select one course from the following:**

HLPR430 Behavior Change Strategies & Tactics (PR BHAN332)	3
NTDT410 Overweight & Obesity Prevention & Management (PR NTDT200)	3

#### **Health Electives: 3 credits; must select one course from the following:**

BHAN301 The Art of Happiness	3
BHAN304 Culture, Health & Environment (cross-listed with ANTH304)	3
BHAN311 Issues in Health Behavior Science (PR BHAN155)	3
BHAN335 Health & Aging	3
BHAN401 Foundations of Human Sexuality (cross-listed with HDFS401 & WOMS401)	3
NTDT305 Nutrition in the Lifespan (PR NTDT200 & a course in biology)	3
NTDT310 Nutrition & Activity (PR NTDT200 & a physiology course)	3
SOCI311 Sociology of Health and Illness	3

#### **Other Required Courses: 3 credits**

BHAN130 Must take two of the one-credit health topic courses (Cannot receive credit for both NTDT410 & BHAN130 Healthy Weight for Life)	2
BHAN120 Must take one credit of an approved BHAN120 course*	1

**Admission:** Freshmen and transfer students must wait until after first semester grades have been posted to request the minor; all others may apply for the minor at any time via the UDSIS Webform "Change Major, Minor..." Minimum 2.0 GPA required. It is not necessary to meet with the minor advisor to have your request approved. However, if you need assistance, advisement or curricular information please contact Ms. Tory McHugh, bhanadvising@udel.edu, 831-2079.

\*All approved 120 courses must address a health related physical activity such as Exercise & Conditioning, Yoga or Fitness Boot Camp. Sport-related BHAN120 courses are not acceptable for this requirement. The purpose of this credit is to engage students in a physically active course that addresses lifelong activity leading to a higher quality of life.

**Department of Behavioral Health and Nutrition**  
**MINOR: MEDICAL SOCIAL SERVICES**

**Director: Marc Lodyga, PhD**

**Minimum Credits in the Minor: 18**

Medical social services provide assistance to patients and their families with accessing available community resources. Professionals in this field connect people to appropriate social and/or medical services. Typical employment settings include hospitals, schools, hospice, and nursing home facilities.

Open to all students in all majors, the minor introduces the intersection of social services and public health within an interdisciplinary context. Although the minor provides background content for students interested in pursuing a master's degree in medical social work, this minor alone does not qualify students for professional licensure in social work.

The minor requires 18 credit hours that include a combination of required core courses and courses selected from a list of recommended electives. Human Services majors may count only HDFS230 for both this minor and their major. Health Behavior Science majors may not count more than one course toward both this minor and their major. All courses included in the minor must be completed with a C- or better.

**REQUIREMENTS FOR HUMAN SERVICES MAJORS (PR=Prerequisites): Credits**

**I. Required Core Courses: 12 credits**

- |   |   |
|---|---|
| 1. HDFS230 Families and Their Communities | 3 |
| 2. HLPR211 Introduction to Public Health  | 3 |
| 3. SOCI341 Welfare and Society            | 3 |

**OR**

- |   |   |
|---|---|
| SOCI348 Theories of Social Work Practice (PR SOCI201) | 3 |
|---|---|

**II. Electives: 9 credits (must select three courses from the following):**

- |   |   |
|---|---|
| BHAN311 Issues in Health Behavior Science (PR BHAN155)  | 3 |
| BHAN335 Health and Aging  | 3 |
| HLTH241 Ethical Aspects of Healthcare   | 3 |
| HLTH320 Chronic Illness in America (PR ENGL110)   | 3 |
| HLTH491 Care Coordination Practicum   | 3 |
| NURS382 Communities and Health Policy (Nursing Majors Only; PR NURS222, NURS241 & NURS242 OR NURS312, NURS250 OR NURS253) | 3 |
| SOCI311 Sociology of Health and Illness   | 3 |
| SOCI313 Mental Health and Well-Being  | 3 |
| SOCI343 Society, Politics and Healthcare  | 3 |
| SOCI349 Aging and Society   | 3 |
| SOCI433 Gender and Health (Soph., Jr. or Sr. only)  | 3 |

**REQUIREMENTS FOR OTHER MAJORS:****Credits****I. Required Core Courses: 12 credits**

1. HDFS230 Families and Their Communities	3
2. HDFS332 Counseling Theories	3
3. HLPR211 Introduction to Public Health	3
4. SOCI341 Welfare and Society	3

**OR**

SOCI348 Theories of Social Work Practice (PR SOCI201)	3
---	---

**II. Electives: 6 credits (must select two courses from the following):**

BHAN311 Issues in Health Behavior Science (PR BHAN155)	3
BHAN332 Health Behavior Theory and Models (PR BHAN311)	3
BHAN335 Health and Aging	3
HDFS329 Adolescent Development (PR EDUC205 OR HDFS201)	3
HDFS330 Mentor and Helping Relationships	3
HDFS331 Positive Youth Development	3
HDFS335 Culture in Context	3
HDFS339 Adult Development and Aging (PR HDFS201)	3
HDFS401 Foundations of Human Sexuality	3
HDFS405 Aging and the Family	3
HDFS408 Domestic Violence Policy and Prevention (PR WOMS240)	3
HDFS409 Domestic Violence Services (Jr. and Sr. only)	3
HDFS472 Substance Abuse and the Family	3
HLTH241 Ethical Aspects of Healthcare	3
HLTH320 Chronic Illness in America (PR ENGL110)	3
HLTH491 Care Coordination Practicum	3
NURS382 Communities and Health Policy (Nursing Majors Only; PR NURS222, NURS241 & NURS242 OR NURS312, NURS250 OR NURS253)	3
SOCI311 Sociology of Health and Illness	3
SOCI313 Mental Health and Well-Being	3
SOCI343 Society, Politics, and Healthcare	3
SOCI349 Aging and Society	3
SOCI433 Gender and Health (Soph., Jr. or Sr. only)	3

**Admission:** Freshmen and transfer students must wait until after first semester grades have been posted to request the minor; all others may apply for the minor at any time via the UDSIS Webform "Change Major, Minor..." Minimum 2.0 GPA required. It is not necessary to meet with the minor advisor to have your request approved. However, if you need assistance, advisement or curricular information please contact academic advisor Emily Lodyga, elodyga@udel.edu, 831-6176.

## Department of Behavioral Health and Nutrition

### MINOR: NUTRITION

Director: Sandra Baker, EdD

Minimum Credits in the Minor: 15, with 16 prerequisite CHEM credits

A minor in Nutrition provides students in a variety of degree programs with a fairly intensive level of understanding of nutritional science. This minor is for students interested in the field of nutrition who believe that good nutrition and healthy lifestyle choices are important for the overall well-being of individuals. The program includes three core nutrition courses, two nutrition electives and requires four semesters of chemistry and, as such, is well suited for students in Biology, Chemistry and Nursing, as well as other majors. It is not available to students in the majors of Applied Nutrition, Dietetics or Nutritional Sciences due to the extensive amount of course overlap.

**A minimum of 15 credit hours with a minimum grade of C- is required.**

<b>REQUIRED COURSES (PR=Prerequisites)</b>	<b>Credits</b>
NTDT200 Nutrition Concepts	3
NTDT400 Macronutrients (PR NTDT200, CHEM101, CHEM102, CHEM213/215 AND CHEM214/216*)	3
NTDT401 Micronutrients (PR NTDT400)	3
NTDT Electives: 2 courses 300 level or higher	6

#### **Suggested Electives: (3 credits each)**

NTDT301 Cultural Perspectives on Food & Nutrition

NTDT305 Nutrition in the Lifespan (PR NTDT200 and a biology course)

NTDT310 Nutrition and Activity (PR NTDT200 and a physiology course)

NTDT345 Pediatric Nutrition (PR NTDT200)

NTDT350 Nutrition and Older Adults (PR NTDT200 and BISC106 or BISC276)

NTDT410 Overweight & Obesity Prevention & Management (PR NTDT200)

NTDT 367/467 Seminar Classes may be available some semesters

**Admission:** Completion of the minor is awarded only to those who have applied and been admitted to the program. A cumulative grade point average (GPA) of 2.0 or above is required for admission to the minor. A student may apply at any time by obtaining permission from the faculty advisor for the minor. To request the minor or for advisement and curricular information, please contact Dr. Sandra Baker, [bakers@udel.edu](mailto:bakers@udel.edu), 302-831-0856.

\* C- or better required for CHEM214/216

## Department of Behavioral Health and Nutrition

# MINOR: PUBLIC HEALTH

Director: Laura Lessard, PhD, MPH

**Minimum Credits in the Minor: 18 (with an additional 3 co-requisite STAT credits)**

Public Health is the scientific field of study focused on preventing disease, promoting health, and prolonging life. This is achieved through the conduct of scientific research, implementation of health education programs and the organized efforts and informed choices of society, communities and individuals. A joint program between the **Department of Behavioral Health and Nutrition** and the **School of Public Policy and Administration**, the Public Health minor provides an interdisciplinary opportunity to develop practical skills in program development and increase knowledge in the areas of social systems, policy, and leadership. This minor offers a greater appreciation for the application of public health concepts to the student's field of study.

The minor, available to students of all disciplines, requires 18 credit hours distributed as follows: Three required core courses (9 credits), and three elective courses (9 credits). At least six of the nine elective credits must be chosen from outside your major. **All courses in the minor must be completed with a C- or better.**

### **REQUIRED CORE COURSES: 9 credits (available fall and spring semesters):**

**HLPR/UAPP211** Intro to Public Health

**HLPR/UAPP222** Intro to Epidemiology\* (PR STAT200 or MATH201 or PSCY209)

**HLPR/UAPP233** Intro to Global Health

**ELECTIVE COURSES: 9 credits:** (one 3-credit course from each of the following categories. One of the three electives may be taken from within the student's major)

#### **Program Development – 3 credits:**

**BHAN332** Health Behavior Theory & Models\*

**BHAN490** Dev. of Health Promotion Programs\*

**HDFS230** Families and Their Communities

**HDFS346** Counseling in Human Services \*

**HDFS347** Program Development & Eval. \*

**HLPR610** Health and the Media

**NURS382** Communities and Health \*

(2 credits; open only to nursing students; 1 additional credit of independent study will be required)

#### **Social Systems and Policy – 3 credits:**

**ECON311** Economics of Developing Countries\*

**ECON343** Environmental Economics \*

**ECON390** Economics of Healthcare \*

**ECON490** Economics of Health Policy \*

**HDFS402** Child and Family Policy \*

**SOCI311** Sociology of Health and Illness

**SOCI349** Aging and Society

**UAPP110** Changing the World & Public Policy

**UAPP225** Crafting Public Policy

**UAPP325** Public Policy Analysis

**UAPP410** Politics & the Delivery of Public Policy

**UAPP419** Policy Leadership and Ethics

**UAPP427** Evaluating Public Policy

**UAPP657** Health Policy

**WOMS 389:** Topics: Women and Health Issues \*

#### **Leadership – 3 credits:**

**BHAN329** Dynamics of Team Problem Solving

**COMM330** Comm. and Interpersonal Behavior

**LEAD100** Leadership, Integrity & Change

**LEAD101** Global Contexts for Leadership

**LEAD200** The Leadership Challenge

**LEAD300** Leadership, Creativity and Innovation

**LEAD400** Leadership for the Common Good\*

**Admission:** Freshmen and transfer students must wait until after first semester grades have been posted to request the minor; all others may apply for the minor at any time via the UDSIS Webform "Change Major, Minor..." Minimum **2.0 GPA** required. It is not necessary to meet with the minor advisor to have your request approved. However, if you need assistance, advisement or curricular information, please contact minor advisor Emily Lodyga, [elodyga@udel.edu](mailto:elodyga@udel.edu), 831-6176.

\* These courses have prerequisites