University of Delaware Department of Behavioral Health and Nutrition

BACHELOR OF SCIENCE: DIETETICS 2015-2016

Enter Fall 2015 - Graduate Spring 2019
Minimum Credits to Graduate = 120

University Requirements

- ENGL110 Critical Reading & Writing* (3 credits)
- Multicultural Course (3 credits; can satisfy both multicultural and one breadth requirement simultaneously)
- First Year Experience (FYE; 1-4 credits) NTDT103 fulfills this requirement
- Discovery Learning Experience (DLE; 3 credits) NTDT460 fulfills this requirement

University Breadth Requirements * (students must take breadth courses from four different subject areas)

Go to www.academiccatalog.udel.edu for a complete list of breadth courses and restrictions:

- Creative Arts and Humanities* (3 credits)
- History and Cultural Change* (3 credits)
- Social and Behavioral Sciences* (3 credits)
- Math, Natural Science and Technology *(3 credits) ANFS305 satisfies this requirement if grade earned is C- or better

MAJOR REQUIREMENTS (96 credits)

- ANFS305 Food Science * (3)
- BISC205 Biology for Health Sciences (4)
- BISC276 Human Physiology * (4)
- BISC300 Introduction to Microbiology (4) or MEDT270 Medical Microbiol. & Infect. Diseases (4)
- BUAD309 Organizational Behavior (3)
- CHEM101 or CHEM103 or 107* General Chem (4)
- CHEM102 or CHEM104 or 108* General Chem (4)
- CHEM213 Elementary Organic Chemistry (3)
- CHEM215 Elementary Organic Chemistry Lab (1)
- CHEM214 Elementary Biochemistry* (3)
- CHEM216 Elementary Biochemistry Lab * (1)
- ECON100 Economic Issues & Policies (3) or ECON101 Intro to Microeconomics (3)
- MATH114 Elementary Math & Statistics (or successful performance on the Math Proficiency Exam) (3)
- NTDT103 Intro to Nutrition Professions (1)
- NTDT200 Nutrition Concepts * (3)

- NTDT201 Food Concepts * (3)
- NTDT250 Intro to the Nutrition Care Process * (3)
- NTDT305 Nutrition in the Life Span* (3)
- NTDT321 Quantity Food Production & Service * (3)
- NTDT322 Mgmt. of Food & Nutrition Services * (3)
- NTDT326 On-Site Food Production * (3)
- NTDT330 Nutrition Counseling * (3)
- NTDT400 Macronutrients * (3)
- NTDT401 Micronutrient s* (3)
- NTDT403 Dietetics Seminar (1)
- NTDT421 Nutritional Assessment Methods * (3)
- NTDT445 Teaching Methods: Nutrition & Foods* (3)
- NTDT450 Medical Nutrition Therapy I * (3)
- NTDT451 Medical Nutrition Therapy II* (3)
- NTDT460 Community Nutrition * (3)
- PSYC100 General Psychology (3)
- SOCI201 Introduction to Sociology (3)
- STAT200 or STAT408 or PSYC209 Statistics (3)

- Total of 120 credits required to graduate

ELECTIVES - in addition to required courses completed, sufficient elective credits must be taken to meet the minimum credits required for the degree (120).

See other side for suggested Program of Study

Please refer to the course catalog at http://academiccatalog.udel.edu/Pub_ShowCatalogPage.aspx?CATKEY=KEY_1359&ACYEAR=2015-2016 for a complete listing of program requirements.

* Grade of C- or better required

+ Integrated versions of CHEM103 and 104 are being renumbered as CHEM107 and CHEM108, respectively, starting in Fall 2015.
### Suggested Sequence

Consult with your advisor each semester for course selection and scheduling advisement.

#### FRESHMAN YEAR

**Fall (≈ 14 credits)**
- CHEM101 or CHEM103 or 107 General Chemistry 4 (103 CR MATH1114 or higher)
- MATH114 Elementary Math & Statistics or equivalent 3
- NTDT103 Intro to Nutrition Professions (Fall only) 1
- NTDT200 Nutrition Concepts* 3

**Spring (≈ 14 credits)**
- BISC205 Biology for Health Sciences 4
- CHEM102 or CHEM104 General Chemistry 4 (PR CHEM101, for CHEM102; 103 or 107 for 104 or 108)

**Either Fall or Spring**
- ENGL110 Critical Reading and Writing* 3
- SOCI201 Introduction to Sociology 3
- Breadth or Multicultural or Elective** 3

#### JUNIOR YEAR

**Fall (≈ 15-16 credits)**
- NTDT321 Quantity Food Production & Service* (PR NTDT200 & 201) 3
- NTDT326 On-Site Food Production* (CR NTDT321) 3
- NTDT400 Macronutrients* (PR NTDT200, CHEM214 & CHEM216) 3

**Spring (≈ 15-16 credits)**
- NTDT322 Management of Food & Nutrition Services* (PR NTDT200 & 201) 3
- NTDT401 Macronutrients* (PR NTDT400) 3

**Either Fall or Spring**
- BISC300 Introduction to Microbiology or MEDT270 Medical Microbiol. & Infect. Dis. (PR BISC205 or 207 for both) 4
- BUAD309 Organizational Behavior 3
- NTDT 305 Nutrition in the Lifespan* (PR NTDT200 and a biology course) 3
- NTDT330 Nutrition Counseling* 3 (PR NTDT200 & 250)
- Breadth or Multicultural or Elective** 3

#### SOPHOMORE YEAR

**Fall (≈ 15 credits)**
- CHEM213 Elem Organic Chem (PR CHEM102, 104 or 108) 3
- CHEM215 Elem Organic Chemistry Lab (CR CHEM213) 1

**Spring (≈ 15 credits)**
- ANFS305 Food Science* (Spring only) 3
- CHEM214 Elem. Biochemistry* (PR CHEM213) 3
- CHEM216 Elem. Biochemistry Lab* (CR CHEM214) 1

**Either Fall or Spring**
- BISC276 Human Physiology* (PR BISC205, 207 or 208 and CHEM101, 103, 105, 107 or 111) 4
- ECON100 or ECON101 Economics 3
- NTDT250 Intro to the Nutrition Care Process* (PR NTDT200) 3
- NTDT201 Food Concepts* 3
- PSYC100 General Psychology 3
- STAT200 or PSYC209 or FREC408 Statistics 3

#### SENIOR YEAR

**Fall (≈ 15-16 credits)**
- NTDT403 Dietetics Seminar (Fall only; PR Senior) 1
- NTDT421 Nutritional Assessment Methods* (Fall only; PR NTDT400 and statistics course) 3
- NTDT450 Medical Nutrition Therapy I* (Fall only; PR BISC276, NTDT250 and 400) 3

**Spring (≈ 15-16 credits)**
- NTDT451 Medical Nutrition Therapy II* (Spring only; PR BISC276, NTDT250 and 400) 3

**Either Fall or Spring**
- NTDT445 Teaching Methods: Nutrition & Foods* (PR NTDT200) 3
- NTDT460 Community Nutrition* (DLE; PR NTDT321 and NTDT400) 3
- Breadth or Multicultural or Elective** 3
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#### Total of 120 credits minimum required for graduation

The following graduation requirements are satisfied by courses in the curriculum: FYE (NTDT103), DLE (NTDT460) and University Breadth Requirements for Social & Behavioral Sciences (BUAD309, ECON100, ECON151, PSYC100, SOCI201) and Math, Natural Science and Technology (ANFS305, BISC207, CHEM101, CHEM102, CHEM103, CHEM107, CHEM104, CHEM108, STAT200). C- or better required if used to satisfy Breadth Requirement or as indicated above.

* Grade of C- or better required

PR - Pre-requisite; CR - Co-requisite