## University of Delaware Department of Behavioral Health and Nutrition

## BACHELOR OF SCIENCE: HEALTH AND PHYSICAL EDUCATION 2014-2015

## Enter Fall 2014 - Graduate Spring 2018

## Minimum Credits to Graduate: 121

**University Requirements**

\_\_\_\_\_ ENGL110 Critical Reading & Writing\* (3 credits)

\_\_\_\_\_ Multicultural Course (3 credits) EDUC419 fulfills this requirement

\_\_\_\_\_ First Year Experience (FYE) (1-4 credits) BHAN155\* fulfills this requirement

\_\_\_\_\_ Discovery Learning Experience (DLE) (3 credits) EDUC400 fulfills this requirement

**University Breadth Requirements** \* (students must take breadth courses from four different subject areas)

Go to [www.academiccatalog.udel.edu](http://www.academiccatalog.udel.edu) for a complete list of breadth courses and restrictions:

\_\_\_\_\_ Creative Arts and Humanities\* (3 credits)

\_\_\_\_\_ History and Cultural Change\* (3 credits)

\_\_\_\_\_ HDFS201 or PSYC100 Social & Behavioral Sciences\* (3 credits)

\_\_\_\_\_ NTDT200 Math, Natural Science and Technology\*(3 credits)

**MAJOR REQUIREMENTS** (100 credits)

\_\_\_\_\_ BHAN121 Water Safety Instruction\* (2)

\_\_\_\_\_ BHAN140 Fundamental Skills Analysis\* (3)

\_\_\_\_\_ BHAN141 Adventure Challenge & Outdoor Rec\* (1)

\_\_\_\_\_ BHAN145 Introduction to Physical Education\* (3)

\_\_\_\_\_ BHAN155 Personal Health Management: Approach

For a Lifetime\* (3)

\_\_\_\_\_ BHAN230 Group Facilitation Skills in HPE\* (3)

\_\_\_\_\_ BHAN231 Teaching Mental & Community Health\* (3)

\_\_\_\_\_ BHAN241 Teaching Individual Sports\* (3)

\_\_\_\_\_ BHAN245 Teaching Team Sports\* (3)

\_\_\_\_\_ BHAN251 Skills & Tech: Rhythms & Dance\* (1)

\_\_\_\_\_ BHAN315 Methods & Materials in Drug Ed\* (3)

\_\_\_\_\_ BHAN319 Health Related Fitness\* (3)

\_\_\_\_\_ BHAN324 Measurement and Evaluation\* (3)

\_\_\_\_\_ BHAN325 Instructional Strategies for Human\*

Sexuality\* (3)

\_\_\_\_\_ BHAN333 Health Theory and Program Planning\* (3)

\_\_\_\_\_ BHAN342/ 343 Intro/Adapted Physical Education\* (3)

\_\_\_\_\_ BHAN345 Tactical Approach to Sports\* (3)

\_\_\_\_\_ BHAN414 Methods/Materials: Health Education\* (3)

\_\_\_\_\_ BHAN416 Methods/Materials: Physical

Education\* (3)

\_\_\_\_\_ BHAN465 Seminar: Health & Physical Education\* (2)

\_\_\_\_\_ BISCXXX Biology course with Lab\* (4)

\_\_\_\_\_ EDUC400 021Student Teaching – Elementary (5)

\_\_\_\_\_ EDUC400 026 Student Teaching – Secondary (5)

\_\_\_\_\_ EDUC413 Adolescent Devpmt & Educ, Psych\* (4)

\_\_\_\_\_ EDUC414 Teaching Exceptional Adolescents\* (3)

\_\_\_\_\_ EDUC419 Diversity in Secondary Education\* (3)

\_\_\_\_\_ EDUC420 Reading in Content\* (1)

\_\_\_\_\_ HDFS201 Lifespan Development\* (3) or

PSYC100 General Psychology\* (3)

\_\_\_\_\_ KAAP210 Emergency Mgmt. of Injuries & Illness\* (3)

\_\_\_\_\_ KAAP220 Anatomy and Physiology\* (3)

\_\_\_\_\_ KAAP301 Motor Development\* (4)

\_\_\_\_\_ KAAP425 Biomechanics of Human Movement\* (4)

\_\_\_\_\_ KAAP433 Applied Physiology of Activity\*(4)

\_\_\_\_\_ MATH113 or higher\* (3)

\_\_\_\_\_ NTDT200 Nutrition Concepts\* (3)

**ELECTIVES -**  in addition to required courses completed, sufficient elective credits must be taken to meet the

minimum credits required for the degree (120).

**Upper Division Clearance Requirements: Minimum GPA in the major - 2.75; minimum cumulative GPA - 2.5**

Students must take the Praxis Core Academic Skills for Educators Test for upper division clearance (or by 60 credits). Students may exempt from the reading and math portion based on SAT scores. All students must take the writing test.

Praxis Core Academic Skills for Educators Test passing scores: Reading 156; Math 150; Writing 162.

Please refer to the course catalog <http://academiccatalog.udel.edu/Pub_ShowCatalogPage.aspx?CATKEY=KEY_1347&ACYEAR=2014-2015> for a complete listing of program requirements.

\* Grade of C- or better required

## University of Delaware Department of Behavioral Health and Nutrition

## BACHELOR OF SCIENCE: HEALTH AND PHYSICAL EDUCATION 2014-2015

## Enter Fall 2014 - Graduate Spring 2018 / Minimum Credits to Graduate = 121

Suggested Sequence

Consult with your advisor for possible alternative sequencing

FALL SEMESTER SPRING SEMESTER

**FRESHMAN YEAR**

\_\_\_\_ **BHAN145** Intro to Physical Education (Fall only) 3

\_\_\_\_ **BHAN155** Personal Health Management:

Approach for a Lifetime 3

\_\_\_\_ **KAAP210** Emergency Mgmt of Injuries & Illness 3

\_\_\_\_ **KAAP220** Anatomy and Physiology 3

\_\_\_\_ **HDFS201 or PSYC100** - Breadth 3

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\_\_\_\_ **BHAN140** Fundamental Skills Analysis (Spring only) 3

\_\_\_\_ **BHAN141** Adventure Chall & Outdoor Rec (Spring only) 1

\_\_\_\_ **BHAN230** Grp Fac Skills in Hlth & Phys Ed (Spring only) 3

\_\_\_\_ **ENGL110** Critical Reading and Writing 3

\_\_\_\_ **Math 113** or higher 3

\_\_\_\_ Breadth or Elective 3

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**SOPHOMORE YEAR**

\_\_\_\_ **BISC w/Lab** 4

\_\_\_\_ **BHAN231** Tchng Mental & Community Health (Fall only; 3

PR BHAN155)

\_\_\_\_ **BHAN241**Teaching Individual Sports (Fall only) 3

\_\_\_\_ **EDUC419** Diversity in Secondary Ed (Multicultural) 3

\_\_\_\_ **KAAP301** Motor Development (Fall only) 4

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\_\_\_\_ **BHAN121** Water Safety Instruction (Spring only) 2

\_\_\_\_ **BHAN245** Teaching Team Sports (Spring only) 3

\_\_\_\_ **BHAN251** Skills & Technique: Rhythms & Dance 1

\_\_\_\_ **BHAN315** Methods & Materials in Drug Ed (Spring only; 3

PR BHAN155 and BHAN230)

\_\_\_\_ **BHAN324** Msrmnt & Eval (Spring only;PR 3 cr math) 3

\_\_\_\_ **EDUC413** Adolescent Devpmnt & Ed Psych 4

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**\*\*JUNIOR YEAR**

\_\_\_\_ **BHAN319** Health Related Fitness (Fall only) 3

\_\_\_\_ **BHAN325** Instructional Strategies for

Human Sexuality (Fall only; PR BHAN315) 3

\_\_\_\_ **BHAN333** Health Theory & Program Planning (Fall only) 3

\_\_\_\_ **KAAP433** App Physiology of Activity (Fall only; PR KAAP220) 4

\_\_\_\_ Breadth or Elective 3

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\_\_\_\_\_ **NTDT200** Nutritional Concepts 3

\_\_\_\_ **BHAN342/343** Intro/Adapted Phys Ed(343 PR KAAP220 & 301) 3

\_\_\_\_ **BHAN345** Tact Appr to Sports (Spring only; PR BHAN140) 3

\_\_\_\_ **EDUC414** Teaching Exceptional Adolescents 3

\_\_\_\_ **KAAP425** Biomech. Hum Mvmnt (Spring only; PR KAAP220) 4

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**\*\*\*SENIOR YEAR**

\_\_\_\_ **BHAN414** Methods/Materials: Health Ed (Fall only) 3

\_\_\_\_ **BHAN416** Methods/Materials: Elem Phys Ed (Fall only) 3

\_\_\_\_ **EDUC420** Reading in Content (Fall only) 1

\_\_\_\_ Breadth or Elective 3

\_\_\_\_ Breadth or Elective 3

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\_\_\_\_ **EDUC400-021** Student Teaching – Elementary (Spring only) 5

\_\_\_\_ **EDUC400-026** Student Teaching – Secondary (Spring only) 5

\_\_\_\_ **BHAN465** Seminar in Health and Phys Ed 2

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\_\_\_\_ Total of 121 credits minimum required for graduation

**\*\*BREADTH OR ELECTIVE (from above) MUST INCLUDE:** (for a listing of courses - [www.academiccatalog.udel.edu](http://www.academiccatalog.udel.edu))

\_\_\_\_ Creative Arts and Humanities Breadth\* (3) \_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_ History and Cultural Change Breadth\* (3)\_\_\_\_\_\_\_\_\_\_\_\_

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The following graduation requirements are satisfied by courses in the curriculum: FYE (BHAN155), DLE (EDUC400), Multicultural (EDUC419) and University Breadth Requirements for Social & Behavioral Sciences (HDFS201 and PSYC100) and Math, Natural Science and Technology (NTDT200). C- or better required if used to satisfy Breadth Requirement or as indicated above.

PR - Pre-requisite; CR - Co-requisite

\* Grade of C- or better required

\*\* Junior year classes require Upper Division clearance - please see course catalog for complete information

\*\*\*Senior year classes require clearance for methods block and student teaching